



DASHiNG THROUGH THE SHOW

5K FUN RUN

FRIDAY, NOV 22ND 5-7PM
SANDY POINT STATE PARK

Come and join the 5K Fun Run, through Lights On The Bay a holiday light show at Sandy Point State Park. For one night only, you and your family can leave the car behind and see the light show at your own pace, with the Annapolis Striders Running Club and the SPCA of Anne Arundel County.

Due to insurance regulations safety issue: NO PETS, BABY JOGGERS, STROLLERS, wheels, or headphones permitted during the event. STRICTLY ENFORCED!

ADMISSION: \$55 per car or mini-van

DETAILS: Gates open 5-6 pm, close to traffic at 6:00pm.

5K FUN RUN BEGINS: 6:15pm, course closes at 7:15pm

AWARDS PRESENTATION: 6:45pm.
First three finishers adult males, adult females, and children 12 and under will receive medals.

Lights
on the
Bay

LightsOnTheBay.org



2019 Annapolis Striders Registration Form

Limited parking, advance online ticket purchase strongly recommended. Bring completed registration. NO WALK-UPS.

Last Name:	<input type="text"/>								
First Name:	<input type="text"/>								
Street:	<input type="text"/>								
State:	<input type="text"/>	Zip:	<input type="text"/>	Phone:	<input type="text"/>				
Email:	<input type="text"/>								
Birth Date:	<input type="text"/>	Gender: M:	<input type="checkbox"/>	F:	<input type="checkbox"/>	I am a Strider Member: Yes:	<input type="checkbox"/>	No:	<input type="checkbox"/>

WAIVER AND RELEASE: I know that running is a potentially hazardous activity. I understand that I should not participate unless medically able. I assume all risks associated with involvement with this race/event, including but not limited to falls, contact with participants, the effects of weather, including high heat and/or humidity, the condition of the course and/or road, and traffic on the course, these risks being known and appreciated by me. I understand that bicycles, wheels of any kind, animals, baby joggers or strollers are not permitted. Having read this Waiver and Release, knowing these facts, and in consideration of my being accepted into this race/event, I, for myself and anyone entitled to act on my behalf, waive and release the Annapolis Striders, the Road Runners Club of America, all sponsors and hosts, and their representatives and successors from all claims or liabilities of any kind arising from their negligence and/or my involvement in this race/event. I further agree that **NO wheels, headphones, pets, baby joggers, or strollers etc. are permitted during the event.**

Participant's Signature (or parent if under 18) _____