

AWARDS NOMINATION FORM FOR ANNAPOLIS STRIDER ANNUAL AWARDS - 2017

The Awards Committee is collecting nominations for the annual awards and we want your input. If you know Striders who have had a really good year and **who ran at least five Annapolis Strider races** (including non-Championship series races), please nominate them. For a description of each award criteria please click on the following link: <https://www.annapolisstriders.org/annual-awards>.

PLEASE NOTE: Volunteering is a part of the awards requirement. If your nominee has not volunteered with the Annapolis Striders they are not eligible for an award.

Incomplete submissions will not be accepted.

DEADLINE: December 3, 2017. Email your nomination to Kim Burke at hot_sailor_chick@yahoo.com

Please complete the information below:

- 1) Name and age of nominee, as of January 1, 2017:
- 2) Nomination Categories (check/underline 1):
 - (a) Strider of the Year, for all around running accomplishments and volunteer contributions;
 - (b) Female Runner of the Year (male/female);
 - (c) Male Runner of the Year (male/female);
 - (e) Junior Strider of the Year (younger than 18 years)
 - (f) Ultrarunner of the Year (male/female);
 - (g) Most Improved Runner of the Year (over the past three years);***
 - (h) Ben Moore Lifetime Achievement Award;
 - (i) Phoenix Award, for a runner coming back from illness or injury;
 - (j) Volunteer of the Year
- 3) Have you verified that the nominee has ran at LEAST 5 Annapolis Strider races? YES/NO
- 6) Volunteer activities:
- 7) Submitter's name and email address:
- 8) Brief summary as to why you think this person should receive the award:

Please remember that only members in good standing are eligible, and that all paid members can submit nominations, including self-nominations. We want to hear from you, so please send us your nominations! Award recipients will be announced at the Annual Meeting.

***** For the Most Improved Runner of the Year nominee you will need to show the times for the last 3 years of Annapolis Strider Races *****