

## AWARDS NOMINATION FORM FOR ANNAPOLIS STRIDERS ANNUAL AWARDS - 2016

The Awards Committee is collecting nominations for the annual awards and we want your input. If you know Striders who have had a really good year and **who ran at least five Annapolis Strider races** (including non-Championship series races), please nominate them. For a description of each award criteria please go to the following link:

<https://www.annapolisstriders.org/annual-awards/>

or visit the Annapolis Striders website and go to "About" and then "Annual Awards".

**PLEASE NOTE: Volunteering is a part of the awards requirement. If your nominee has not volunteered with the Annapolis Striders they are not eligible for an award.**

Incomplete submissions will not be accepted.

**DEADLINE: December 23, 2016. Email your nomination to Kim Burke at [hot\\_sailor\\_chick@yahoo.com](mailto:hot_sailor_chick@yahoo.com).**

Please complete the information below:

1) Name and age of nominee, as of January 1, 2016:

2) Nomination Categories (check/underline 1):

- (a) Strider of the Year, for all around running accomplishments and volunteer contributions;
- (b) Runner of the Year (male/female);
- (c) Masters Runner of the Year (40 years and older, for male/female);
- (d) Grand Masters Runner of the Year (50 years and older, for male/female);
- (e) Junior Strider of the Year (younger than 18 years, for male/female);
- (f) Ultrarunner of the Year (male/female);
- (g) Most Improved Runner of the Year (over the past three years);\*\*\*
- (h) Ben Moore Lifetime Achievement Award;
- (i) Phoenix Award, for a runner coming back from illness or injury;
- (j) Volunteer of the Year

3) Have you verified that the nominee has run at LEAST 5 Annapolis Strider races? YES/NO

6) Volunteer activities:

7) Submitter's name and email address:

8) Brief summary as to why you think this person should receive the award:

Please remember that only members in good standing are eligible, and that all paid members can submit nominations, including self-nominations. We want to hear from you, so please send us your nominations! Award recipients will be announced at the Annual Meeting.

**\*\*\* For the Most Improved Runner of the Year nominee you will need to show the times for the last 3 years of Annapolis Strider Races \*\*\***