

Annapolis Striders Presents the

**JOHN WALL MILE**

**ANNAPOLIS HIGH SCHOOL**

**SATURDAY, JULY 16, 2016, 8:00 a.m.**

<b>Location</b>	<b>Annapolis High School</b> 2700 Riva Road Annapolis, MD 21401 Registration: 6:30-7:45 a.m. First Heat Starts: 8:00 a.m.
<b>Pre- Registration</b>	Annapolis Striders Members- \$3.00 Non-members- \$5.00 <b>Mail by July 8, 2016 to</b> <b>Eric Grevin</b> <b>5736 Brooks Woods Road</b> <b>Lothian, MD 20711</b>
<b>Race Day Entry Fee</b>	All Runners- \$10.00
<b>Awards</b>	Overall Male/Female, Masters, 10 and under, 11-14, and then 5 year age groups
<b>Distance</b>	1 mile track race on Annapolis High School Track
<b>Due to Insurance Regulations</b>	<b>No wheels, headphones, pets, or strollers during the race</b>
<b>For More Information</b>	Contact Race Director, Eric Grevin, 410- 271-5517, <a href="mailto:egrevin@yahoo.com">egrevin@yahoo.com</a>
<b>To Volunteer</b>	Contact Eric Grevin at the number listed above

2016 John Wall Mile- COMPLETE ALL INFORMATION. PLEASE PRINT AND MAIL BY JULY 8, 2016.  
Make checks payable to Annapolis Striders, Inc. No Cash by mail.

Last Name \_\_\_\_\_ First Name \_\_\_\_\_  
Telephone \_\_\_\_\_ Email \_\_\_\_\_  
Address \_\_\_\_\_  
Age on Race Day \_\_\_\_\_ Gender \_\_\_\_\_ Annapolis Striders Member? \_\_\_\_\_

**WAIVER AND RELEASE:** I know that running is a potentially hazardous activity. I understand that I should not participate unless medically able. I assume all risks associated with involvement with this race/event, including but not limited to falls, contact with participants, the effects of weather, including high heat and/or humidity, the condition of the course and/or road, and traffic on the course, these risks being known and appreciated by me. I understand that bicycles, wheels of any kind, animals, baby joggers or strollers are not permitted. The use of personal audio devices is strongly discouraged. Having read this Waiver and Release, knowing these facts, and in consideration of my being accepted into this race, I, for myself and anyone entitled to act on my behalf, waive and release the Annapolis Striders, the Road Runners Club of America, all sponsors and hosts, and their representatives and successors from all claims or liabilities of any kind arising from their negligence and/or my involvement in this race.

Participant's Signature (or parent if under 18) \_\_\_\_\_