

## ANNAPOLIS RUN

Now that all of the details of the Fourth Annual Annapolis Run have been put to bed and the new defibrillator (purchased with the Race proceeds) is in regular operation at the Community College, plans are underway for the FIFTH ANNAPOLIS TEN MILE RUN to be held SUNDAY, AUGUST 24, 1980. Some things will be the same: the course - Severna Park High School to the Navy-Marine Corps Stadium; the weather - hot and humid; the time - Sunday @ 7:30 AM; partial sponsorship - First Federal Savings & Loan Association; and finish line administration - Middle Atlantic Road Runners Club (Philadelphia). Some things will be different: the race director - Walt Eilers (Randy Fox doesn't want to do it); the awards - singlets instead of T-shirts; related activities - clinic and spaghetti supper on Saturday evening and a post-race pancake breakfast at the Stadium. Some things are up in the air: disposition of proceeds - arrangements with American Heart Association have not been negotiated; the sponsors - the Racquet Club is out of business (we're talking to a newspaper, a radio station, a national water bottler, and an international shoe manufacturer); and assistance - the Severna Park Fun Runners do not exist as a group. Your support and assistance is needed NOW. All sub-committee positions are open. Plans must be finalized by April 1st in order to meet publicity deadlines to insure 2000 entrants and to avoid last-minute panics. Call Walt now to volunteer. No experience is necessary! 267-6284 (h) 224-3330 (w)

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With the success of the '79 Annapolis Run, the 1st Anniversary Run, and other Striders events since our founding a little more than one year ago, your club is becoming "notorious" in east coast running circles (ovals?). Spring is drawing hundreds of you out to regional road races. Now is the time to take off your sweat shirt and "strike your colors". Anyone can wear a Falmouth Perrier T-shirt or a Fukuoko singlet, but Striders are the only ones who can don the distinctive Annapolis Striders T-shirts and singlets. Let 'em know where you're from. Stop in at the Athlete's Foot (West Street, Annapolis) and get a supply of Striders garb now or send in the order form (on the Membership Application) printed in this newsletter. These shirts are sold at cost as a service to you. Take advantage of it.

## STRIDERS ON THE ROAD

Over the past few months Annapolis Striders have been over-running many local races. The Polar Bear 10k probably wouldn't have been noticed by the traffic on College Parkway if it hadn't been for our club's large turnout.

We hear that Anne Daugherty has been winning division awards consistently in the (20-29) age group: WHEEL 5 miler 1st:36:40 ; Alexandria Volkslauf 10k: 2nd 43:40 ; Colombia Bank Harvey Derby 2.6 miler: 1st 16:19.

She also ran a 3:52 for her first attempt at the marathon at the Marine Corps Marathon last fall.