

MIKE'S MEMOIRS

* It's the 26th of August, the eve of the Annapolis Run, for all intents and purposes; by the time this newsletter reaches you it will be history, a fond memory I hope! Our Lithuanian Field Marshall John Gudas did a magnificent job organizing all of us for the BIG Event. This is the largest race we've ever put on. Your helpful hands (and feet) made it an easier job than ever before. I'm told over two hundred Striders came forward to help with this year's Annapolis Run. And then there are the others, outside the club, 1st National Bank of Maryland; Thank you Nike for your generous sponsorship. The list is long: the U.S. Naval Academy Athletic Association— for the Stadium, the City and County Police, the Capital newspaper, radio station WNAV, Computer Forum, the 5th Coast Guard District, the USNA Cross Country Team.....This list is far from complete. Thank You All!

* Elsewhere in this issue, please find a report on the stalwart souls who completed the 24 Hour Relay at Ft. Meade early this month. I visited these endurance fiends at "Camp Miller" by the side of the track where they seemed to be having a rollicking good time dancing to the music and eating and drinking enormous quantities of food and drink in between their repeat miles. What a way to spend a weekend! Relatives and friends looked on with expressions of envy and disgust. Some of the timers swore that they'd run next year, some of the runners swore they'd never do it again—There was a lot of swearing going on out there!

* Meanwhile, in another part of the county, the sound of thundering feet could be heard all along MD Route 450. The clarion sounds! It's Moore's Marines! This group is getting ready for the fall marathons by meeting every Saturday by the Equitable Trust branch at the Annapolis Mall at 7 AM and putting in some long runs together. If you are a first time marathoner or a veteran

or would just like to be accompanied on a longer run, come on by and join in.

The Striders will also be holding the 1982 session of the "So You Want To Run A Marathon" clinic. Look for a mailing later on or call the Hot Line and listen for the announcement.

* The Wednesday evening series of Truxtun Park fun runs just ended. As series director, I had the satisfaction of seeing a lot of new and younger faces out there tackling the challenging one and four mile cross-country runs. We ate a lot of watermelon and after everyone learned the course through the woods everyone had a good time. Some felt that the trails were too rugged to negotiate safely....Let's hope that the Striders can do something about that and in some way upgrade the badly eroded condition of some areas of the park. Along with my co-directors Don Goodwin, Winnie Hittle, Peter Shaw, and Louise Zeitlin, I'd like to thank our sponsors who donated prizes: The Athlete's Foot; Foot Locker, Irving's Sport Shops, Nautilus Annapolis; Ski Haus; and Team Distributors. They helped produce the smiles too!

* The Maryland Senior Olympics will be held October 15 and 16 at Towson State University. Any Maryland resident 55 years and older is eligible. In addition to many other athletic events the following Track and Field events will be run: 100 meter dash, 400 meter run, 800 meter run, 1 mile run, and 3 mile run. This event is supported by the Maryland Commission on Physical Fitness in addition to our own Anne Arundel County affiliate. I have a lot more information on this if any of you Senior Striders are interested. Or, you can contact: Maryland Senior Olympics, c/o Agnes Taylor, Office on Aging, 301 W. Preston St., Baltimore, MD 21201. She will send you an entry form with complete information. All entries must be postmarked by October 1.

Keep the pace,

Mike van Beuren

Women's Distance Festival con't.



88.	Louise Zeitlen	23:57	37
90.	Marie Petrillo	24:02	27
92.	Bob King	24:04	38
93.	Mark Manasseri	24:07	12
94.	Joe Aben	24:10	9
97.	Jody Roberts	24:32	34
100.	Jay Alders	24:48	57
103.	Joseph Ryan	24:51	57
104.	Earl Scott	24:57	42
105.	Carol Huddy	25:02	44
106.	Joy Donlin	25:03	32
107.	Betty Moore	25:05	53
108.	Guy Riccio	25:07	61
112.	Paul Yates	26:10	58
113.	Renee Delisle	26:28	27
118.	Trudy Trumpy	26:39	31
119.	John Winkert	26:43	52
120.	Natalee Kavetski	25:44	14
124.	Cliff Clorety	26:53	9
125.	Ira Snyder	27:25	36
126.	Dyan Beall	27:31	25
129.	Jerry Aben	27:59	41
131.	Linda Plante	28:17	38
132.	Ginger Aben	28:20	36
135.	Melissa McWethy	28:29	26
138.	Dorothy Quigg	28:52	44
142.	Yvonne Aasen	28:59	50
144.	Joann Radice	28:59	35
149.	Dana Bernstein	29:30	20
153.	Judy Vogenitz	29:59	36
155.	Lois Lannin	30:02	40
156.	William Lannin	30:06	43
160.	Buck Cadell	30:12	48
163.	Jay Astle	30:41	10
164.	Alice Weathersbee	31:00	37
165.	Dave Overstreet	31:02	42
166.	Helaine Betnun	31:42	37
167.	Bobbie Darwick	33:01	47
168.	Melissa McWethy	34:37	27
169.	Alex Shaw	35:49	6
171.	Karen Trembly	36:02	32
174.	David Astle	45:00	7
175.	Jayne Astle	45:00	42

WORKERS RUN FOR CHAMPIONSHIP SERIES
HELD ON SUNDAY July 25, 1982

Donald Kennedy	19:49	34
Bill Vogenitz	20:39	34
Ed Zelik	21:02	35
Dale Vogel	21:18	51
Mike Patterson	21:31	20
Delma Miller	23:31	39
Nancy Waddington	24:07	43

SIRIANO WINS BY SPLIT SECONDS

In the 7th Annapolis 10-Mile Run, Gary Siriano of Washington, D. C. outkicked Jeff Peterson of Fairfax, Virginia, and Tom Kelley of Annapolis. Siriano's 48:42.5 established a new record for the TAC certified course.

Siriano, Peterson, Kelley, William Stewart of Pittsburgh, David McDonald of Norfolk, and Gordon Minty of Laurel, Maryland, ran in a tight pack until about the seven mile mark. Only in the last 300 yards, within the Navy-Marine Corps Stadium, did Siriano pull ahead of the second and third finishers.

In the women's category, Eleanor Simonsick of Baltimore finished in 56:12 comfortably ahead of Marge Rosasco of Fallston, Maryland, winner of the third Annapolis Run, and Sue Crowe of State College, Pa.

Annapolis Mayor Richard Hillman fired the starting gun and ran the race in 69:51. The weather for the race was perfect in the mid 50's with blue skies and a light breeze.

A total of 2146 runners finished the race which was conducted by the Annapolis Striders. Sponsors for the event were Lite Beer by Miller, Nike, First National Bank of Maryland and Giant Food.

Congratulations to Chairman John Gudas and all of his race committee chairman and workers for an excellent, exciting and professionally conducted race!

 Congratulations!

7TH ANNAPOLIS 10 MILE RUN			TOP 50 MEN
PLACE	TIME	NAME	CITY & STATE
1	48:42.5	Gary Siriano	Washington, D.C.
2	48:43.7	Jeff Peterson	Fairfax, VA
3	48:44.2	Tom Kelley	Annapolis, MD
4	49:19.3	David McDonald	Norfolk, VA
5	49:34.2	Dave Rinehart	Knoxville, TN
6	49:37	Bill Stewart	Pittsburgh, PA
7	50:12	Gordon Minty	Laurel, MD
8	50:19	John Mullins	Knoxville, TN
9	50:39	Jack Coffey	Alexandria, VA
10	50:56	Timo Dowd	Great Falls, VA
11	51:14	William Kovach	Silver Spring, MD
12	51:16	Sam Bair	Pittsburgh, PA
13	51:19	Joe Worden	Pittsburgh, PA
14	51:25	Harry Goodman	Randallstown, MD
15	51:39	Robert Stack	Rockville, MD
16	52:08	Jim O'Keefe	Lutherville, MD
17	52:13	Mark Baldino	Springfield, VA
18	52:15	Anthony Grier	Baltimore, MD
19	52:24	James Clelland	Pasadena, MD
20	52:25	Mike Van Beuren	Annapolis, MD
21	52:30	Glenn Best	Blacksburg, VA
22	52:34	Ned Poffenberger	Arlington, VA
23	52:38	Steven Levin	Baltimore, MD
24	52:42	Henry Barksdale	Washington, D.C.
25	52:46	Peter Nye	Alexandria, VA
26	53:01	Robert "Nut" Hall	Annapolis, MD
27	53:02	Bruce Robinson	Silver Spring, MD
28	53:16	Robert Rodriguez	Arlington, VA
29	53:19	Alenn Holder	Hagerstown, MD
30	53:21	Taft Phoebus	Timonium, MD
31	53:34	Patrick NcHugh	Baltimore, MD
32	53:40	Allen Naylor	Silver Spring, MD
33	53:48	Dan Rincon	Silver Spring, MD
34	53:50	Kevin Dolan	Towson, MD
35	53:59	Mike Sabino	Baltimore, MD
36	54:09	James Carbary	Columbia, MD
37	54:13	Don Davis	Woodbridge, VA
38	54:19	Jay Wind	Arlington, VA
39	54:23	Mark Reisinger	York, PA
40	54:29	Mark Johnson	Baltimore, MD
41	54:35	Tim Koon	Easton, MD
42	54:39	Bill Koehler	Camp Springs, MD
43	54:42	Richard Shortt	Virginia Beach, VA
44	54:44	Edward Harte	Baltimore, MD
45	54:54	Jonathan Lott	Springfield, VA
46	54:59	Eric Peltosalo	Annapolis, MD
47	55:01	Stan Fletcher	Annapolis, MD
48	55:04	Brian Harris	Lancaster, PA
49	55:31	Earl Swartzendruber	Towson, MD
50	55:37	Michael O'Hara	Arlington, VA

7TH ANNAPOLIS RUN		FIRST TEN WOMEN	
PLACE	TIME	NAME	CITY & STATE
1	56:12	Eleanor Simonsick	Baltimore, MD
2	56:39	Marg Rosasco	Fallston, MD
3	57:26	Sue Crowe	State College, PA
4	60:45	Ellen Elwell	Savage, MD
5	61:46	Jennie Libutti	Annapolis, MD
6	61:58	Kathleen Hibbert	Rockville, MD
7	64:31	Kathi Guiney	Springfield, VA
8	64:45	Suzanne Rainville	College Park, MD
9	65:08	Paula Gage	Forest Hill, MD
10	65:13	Valerie Nye	Alexandria, VA

RACE RESULTS 7th ANNAPOLIS 10 MILE RUN August 29, 1982

WOMEN

13 and under

1 Robin Quinlan 74:39 Bowie, MD

14-19

1 Buffy Gavigan 73:01 Columbia, MD
 2 Sharon Porter 73:05 Ft. Meade, MD
 3 Joan Stahle 73:47 Potomac, MD

20-29

1 Eleanor Simonsick 56:13 Baltimore, MD
 2 Sue Crowe 57:26 State College, PA
 3 Ellen Elwell 60:45 Savage, MD

30-39

1 Marge Rosasco 56:40 Fallston, MD
 2 Jeannie Libutti 61:46 Annapolis, MD
 3 Valerie Nye 65:14 Alexandria, VA

40-49

1 Sylvia shriner 70:60 Lancaster, PA
 2 Frances Adams 74:47 Virginia Beach, VA
 3 Anne Barnett 75:51 Annapolis, MD

50 and over

1 Rachel Bourn 73:51 Fairfax, VA
 2 San Chastain 79:00 Annapolis, MD
 3 Betty Moore 83:00 Annapolis, MD