

April 18, 1979

Plans for the Fourth Annual Annapolis Ten Mile Run were announced today. This event, which is fast gaining a reputation as a classic road race, will be held Sunday, August 26, 1979. The starting gun will sound promptly at 7:30 AM to avoid the heat. The course begins at Severna Park High School and wends its way south through scenic countryside crossing the Severn River and terminating in the Navy-Marine Corps Stadium in Annapolis.

The 1978 edition of the run, conducted by the Severna Park Fun Runners, attracted 1492 entrants. Of these, 1170 actually started the race and 1050 finished. The newly formed 500 member Annapolis Striders has joined the Fun Runners in presenting this year's event. The race is co-sponsored by the Annapolis Racquet Club and by First Federal Savings & Loan Association of Annapolis. All proceeds will benefit the programs of the American Heart Association which are conducted in Anne Arundel County.

The course records were both set last year by popular Maryland area runners: Dan Rincon (50:25) and Marge Rosasco (62:59). This year the course will be AAU certified and the entire race will be conducted under the sanctioning guidelines of the Road Runners Club of America with which the Annapolis Striders is affiliated.

Plans are now being made for a series of weekly training runs to be conducted on the eight weeks preceding August 26th. These will all be in the Annapolis area and will be open to the public without charge. In addition, an open house will be held at the Annapolis Racquet Club the night before the race. Entrants may pick up their packets at that time.

Entry forms are being mailed this week to each 1978 entrant. Additional entry forms will be available at area running equipment stores. An entry form and further information about the race may be obtained by sending a stamped self-addressed envelope to P. O. Box 699, Severna Park, MD 21146. The field will be limited to 2000 registrants and entries will be cut-off when that number is attained. No post entries will be accepted. Each entrant will receive a mail confirmation.

Awards will be presented in ten different categories. In addition, each finisher will receive the prized Annapolis Run T-shirt, the 1978 edition of which is sported by so many area runners.

The Race Committee is as follows: Randy Fox, Race Director; Donna Jay and Bonnie Phillips, Registration Co-Chairmen; John Julita and John Butterfield, Traffic Co-Chairmen; Dick Hillman and Walt Eilers, Public Relations Co-Chairmen; and Rob Bushnell, Awards Chairman.

TO ANNAPOLIS STRIDERS: The Annapolis Ten-Miler is your race now. Each of you (young and old alike) should plan now either run or work or both. The entry form in this newsletter is in your hands before general public distribution. Don't delay in forwarding it. To volunteer for a committee, call Randy Fox at 956-5978.

NOTE ON STRIDERS MEMBERSHIP MATTERS: If you have not already received your membership card, it should be attached to this newsletter. Remember, you cannot get your discounts at area running stores without your card. Also, you will need it in order to pay the lower membership entry fee for club races.

**** As of this printing we now have 466 members as follows: 245 adult males of whom 21 are midshipmen, 135 adult females of whom one is a midshipman, and 86 children of whom 58 are male and 28 are females.