SPECIAL FEATURE Annapolis Run



RACE DIRECTOR RUMINATES ON RACE

A few final thoughts about the 12th Annapolis Run: Considering a 25% increase in finishers over '86, a 6 week shortening of the entry deadline, and the advent of team competition, the race was amazingly trouble-free. In this 9th year that the race has ben conducted by the Striders, the 2753 finishers were the most ever. The size of the active race committee was also the largest ever at 38!

We renewed our longterm relationship with Steve Andrews whose Chesapeake Bay Distributors has made Miller LITE synonymous with this race. 1st National Bank's substantially increased its participation and was enthusiastic at every turn. Entre'Computer Center of Annapolis has not only become a valued sponsor but is an integral component of our efficient and much-envied scoring system. New this year was the Sports Medicine Clinic of Annapolis which is already committed to a major role in '88. [Nike was not a sponsor. We do hope to have a shoe sponsor again in '88 and hope to have an announcement on this before the end of the year!]

The new course seems to have met with general approbation. We survived some last minute construction curves thrown at us by the USNA and by the City.

Final financial figures will be available in the next Streak. A wrap-up report and job descriptions for each committee member together with complete recommendations on the '88 format will be presented to the Board at its October meeting.

55% of the field entered prior to July 1st @ \$10, the remainder @ \$12. Entries closed before we reached the \$15 date which was originally initiated as a result of the pessimism of some that we would never reach 3,000 by early August.

There was no workers race, as explained in the last Streak, but there were plenty of workers. The workers picnic was an unqualified success.

Answers to some persistent questions are:

> The change to the 8AM start was because we can not run through the Naval Academy during colors at $7:50~\mathrm{AM}$.

> Although we had "invited runners," they received neither expense money or prize money. They did receive complimentary entries, culinary hospitality, and some were able to occupy rooms donated by the hotelier of the race, Historic Inns of Annapolis.

The results of only the first thousand finishers appeared in the Capital because the publisher simply didn't want to devote another 1½ pages to printing the rest! However, the newspaper has graciously agreed to donate (\$600) the printing of the results to be mailed to all finishers approximately October 1st.

> Those finishers who did not receive shirts will receive notice of their availability before October lst. We ran out not because we didn't order enough but because many finishers took sizes clearly bigger than they were!

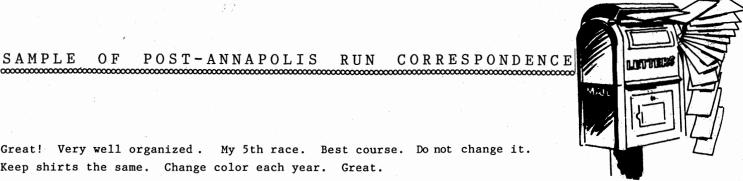
> Lapel pins have been ordered for those who registered late and did not receive one. They will be mailed as soon as they are received -- from Hong Kong.

On the down side, we again had to pay an exhorbitant premium (\$2460) for liability insurance from a special sports carrier instead of being able to use the standard RRCA coverage available through TAC (\$250). This was because TAC cannot issue the specific kind of out-dated, irrelevant endorsement demanded by the Athletic Association's insurer adviser, Murray, Martin & Olson. Despite the goodwill of the Athletic Director, efforts to discuss this with the agent proved fruitless. As a result, we expended a substantial sum which benefited no one except a midwest insurer while the Association lost an opportunity to benefit from a wide array of services offered by the Striders as incentive for the Association to adopt a relevant, contemporary, and responsive liability insurance requirement.

The 1988 13th Annapolis Run Committee will be assembling within the next few weeks. All positions are up for grabs. Please consider volunteering. It is truly a worthwhile experience.

I am pleased to have been in a position to contribute to the success of the 12th Annapolis Run. It was a genuine pleasure to watch the sequence of events unfold as planned. The dedication and reliability of each member of the race committee was remarkable and gratifying. All-in-all, it was a humbling and rewarding endeavor. I extend my deepest gratitude to every committee member, volunteer, competitor, and sponsor who made 1987 so memorable and special.

O F POST-ANNAPOLIS SAMPLE RUN CORRESPONDENCE



Great! Very well organized. My 5th race. Best course. Do not change it. Keep shirts the same. Change color each year. Great.

Wanted to let you know how much we appreciated being part of the race.

We were particularly impressed with the friendliness and hospitality of the race staff. Their willingness to help and their general congenialty made it a real pleasure to be in Annapolis. They really made me feel welcome. They should be a model group for all social groups and clubs in your area.

The set-up for the pasta dinner and registration was great.

Just a few lines to thank you for the kindness shown me at the run. The staff were very kind and gracious, as always.

Being a part of a run the size of the Annapolis Run is thrilling, and meeting all the runners is always something I enjoy.

Best wishes for the 13th Run.

The emotional "high" I experienced during this past week anticipating the race was exhilarating. Unfortunately, the race did not conclude [for me] the way I had hoped. [runner suffered heat exhaustion]

My thanks begin with the race officials who attended to me at the aid station. Not only were they extremely professional and courteous, they were kind and compassionate. I could not have asked for anything more.

Most especially, I want to extend my sincere thanks to the runner [who helped me]. On Sunday evening, I received a call from GerryFichtner, an Annapolis Strider. He called to ensure that I was well, an extremely considerate gesture considering all he had done.



-Advertisement

Words cannot really describe the feeling and appreciation I feel for all those who helped me: Sky Giles, the race officials who attended me, and especially Gerry Fichtner. His thoughtfulness, keen awareness of the sport of running, and his caring for other human beings is exceptional. My thanks and appreciation are never ending. What an experience to be touched by so many in such a wonderful way.

Congratulations on a well run race. Sunday was my 3rd Annapolis Run. I though the new course might be easier. The hilly section in the 6-8 mile part of the course was much tougher than the hills which were bypassed this year. But don't change it!

[Your hospitality] was another indication that you don't cater to the super fast runners only.

Congratulations on the extremely well managed run.

I am well aware of the complexity and coordination such an event presents to those who organize it, and from a runner's viewpoint, the entire event seemed flawless . . . even the way you arranged the weather!

My compliments on the excellent conduct of your 3,000 runners. They barely managed to wake me up and that was because the patter of many little feet sounded like raindrops falling on my head.

This is the least noise ever generated by your interesting event. If your good manners continue, I may someday reconsider my decision to be a helpful volunteer on the sidelines.

My compliments for your consideration of my problems and concerns.

Thank you very much for providing us with such an enjoyable running weekend. Everything went very well. We supported the Maryland Inn by having dinner there with our friends.

Sunday, we dined with the folks from Entre Computers. We let them know their sponsorship was much appreciated.

We made certain to support the Annapolis economy by shopping on Main Street before we left Sunday. Thanks again. All of the Tidewater Striders enjoyed it as usual.

I tend to write to race director's only to express a complaint. This was my 7th Annapolis Run and I've

I like the new course.

never written.

The Striders conduct a first-rate race, and the primium is always unique and special. I always wear mine with pride.

Being involved with the races the Harrisburg Area Road Runners conduct, I can appreciate the time and effort of all your volunteers. Thanks again for a super race!

Annapolis Run

RACE RESULTS



August 30, 1987

12TH ANNAPOLIS RUN AWARDS

Age Address

MALE OPEN

Plac		Age	Address	Time
1.	Jim Hage	29	Lanham, MD	50:01
2.	Gerry Clapper	26	Columbia, MD	50:30
3.	Jason Emmons	27	Sterling, VA	50:40
4.	Bruce Coldsmith	30	Harrisonburg, VA	51:03
5.	David McDonald	31	Norfolk, VA	51:11
6.	Patrick Key	29	Frederick, MD	51:44
7.	Paul Malott	29	New Castle, PA	51:50
8.	Richard Ferguson	28	Charlottesville, V	
9.	Jim O'Keefe	27	Baltimore, MD	52:37
10.	Allen Naylor	32	Adelphi, MD	52:40
11.	Charles Boatwright	31	Willsboro, NJ	52:46
12.	Mike Mansy	26	Alexandria, VA	52:47
13.	Jeffrey Sanborn	33	McDonogh, MD	53:00
14.	John Strickland	30	Washington, DC	53:02
15.	John Kavanagh	32	Baltimore, MD	53:10
16.	Dave Harrison	36	Virginia Beach, VA	53:11
17.	Tom Bowmaster	27	Columbia, MD	53:22
	James Clelland	29	Baltimore, MD	53:26
19.	David Coulter	22	Norfolk, VA	53:30
20.	John Ausherman	32	Chambersburg, PA	53:37
	Greg Early	17	Greenbelt, MD	53:44
	Ken Fowler	21	Ellicott City, MD	54:01
	Steve Giorgis	32	Falls Church, VA	54:03
24.	Matthew Tobin	27	Ruxton, MD	54:04
25.	Ken Miller	34	Baltimore, MD	54:15
FEM	ALE OPEN			
1.	Eleanor Simonsick	29	Baltimore, MD	57:40
2.	Mary Salamone	24	Centreville, VA	57:43
3.	Liz Wilson	19	APG, MD	58:20
4.	Karen Wagner-Hammond	24	Arbutus, MD 1	:00:08
5.	Sue Crowe	32	State College, PA 1	:00:41
6.	Rose Malloy	39	Linthicum Hgts, MD 1	:00:45
7.	Patricia Bullinger	26	Arlington, VA 1	:01:04
8.	Sue Borowski	30	New Castle, PA 1	
9.	Elizabeth Andrews	24	Norfolk, VA 1	:01:37
10.	Kathy Ventura-Merkel	32	Arlington, VA 1	:01:51
	*			

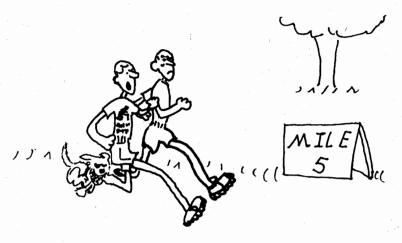
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Time

ANNAPOLIS 10 TEAM COMPETITION

MALE	AGE	GRO	UP

<u>Under 14</u> 1. Benjamin Younkin	13	Ellicott City, MD	1:12:01
14-19			
1. Tom Eagleson	17	Potomac, MD Annapolis, MD	55:58
2. Bobby Evans	18	Annapolis, MD	58:00
3. Reese Kiple	19	Arnold, MD	58:50
40-44			
1. Herbert Tolbert	40	Gaithersburg, MD	56:05
2. Moses Mayfield, Jr.	42	Philadelphia, PA	56:27
James Bickley	41	Washington, DC	56:46
45.40			
45-49 1. Fay Bradley	49	Washington, DC	57:22
2. Lewis Dodge	45	Hamilton, VA	1:01:17
3. Ben Mathews	49		1:02:02
		, ,	
<u>50-59</u>			
1. Lawrence I'Anson	50		
2. Chan Robbins 3. William Hoss	50 52	Falls church, VA	
3. WIIIIam noss	54	Reston, VA	1:01:05
60-69			
1. Jerome Kerkhof	61	Sliver Spring, MD	1:07:56
2. Herbert Chisholm	61	Alexandria, VA	1:10:05
3. Richard Johnson	63	Temple, PA	1:12:29
70 and over			
1. Ed Benham	80	Ocean City, MD	1:17:26
FEMALE AGE GROUP			
14-19			
14-19 1. Denise Knickman	19	Largo, MD	1:04:44
2. Robin Quinlan	17	Bowie, MD	1:08:13
3. Teresa Welsh	19	Wheaton, MD	1:14:11
40-44	40	D-453- MD	1.06.13
	44	Bethesda, MD Arnold, MD	1:06:13
2. Vicki Pierpont 3. Mary Ann Zuckerman	40	Laurel, MD	1:10:02
J. Half Aim Duckelman	-, -		
45-49			
	45		1:05:15
2. Janice Stoodley	46	Arlington, VA	1:09:00
E0_E0			
50-59 1. Suzanne Patton	52	Newark, DE	1:14:22
	52	Towson, MD	1:17:48
60-69			1.00-04
1. Monica Friedman	60	Silver Spring	1:29:34



"That pain in my foot is bothering me again."

FEMALE

- WASHINGTON RUNNING CLUB--A (Open Winner)
 Wagner-Hammond, Bullinger, Ventura Merkel, Blank, Elliott
- TIDEWATER STRIDERS (RRCA Winner)
 Andrews, McAllister-Morgan, Eady,
 Forrester, Harrison, Martin
- NOVA Salamone, Joyner, Frech, Humphries, Klutz, Sumser
- 4. HOWARD COUNTY STRIDERS
 Guilfoil, Gavigan, Ford, Ulrich,
 Cummins, Howland
- WASHINGTON RUNNING CLUB--B Briscoe, Coffey, Stockdale, Bleistiff, Salvest
- MONTGOMERY COUNTY ROAD RUNNERS--A Choate, Villand, Silverman, Ciamarra, Rempe, Rivera
- MONTGOMERY COUNTY ROAD RUNNERS-B (Masters Winner) Hamilton, Flannery, Noel, Hawes, Wright, Wolf

MALE

- WASHINGTON RUNNING CLUB-A (Open Winner) Hage, Clapper, Naylor, Mansy, Walsh
- BALTIMORE ROAD RUNNERS (RRCA Winner)
 O'Keefe, Sanborn, Tobin, Miller,
 Enders
- TIDEWATER STRIDERS
 McDonald, Harrison, Coulter, Henneberry,
 Robinson, Hurley
- HOWARD COUNTY STRIDERS
 Bowmaster, Fowler, Carbary, Riehl,
 Howland
- ANNAPOLIS STRIDERS
 Eden, Mace, van Beuren, Conroy,
 Peltosalo, Anderson
- GNATS (Masters Winner)
 Tolbert, Bickley, Bradley, Robbins,
 Davies, Hipp
- WASHINGTON RUNNING CLUB--C Rodriguez, Shimonsky, Washington, Uhl, Larsen
- WASHINGTON RUNNING CLUB--B
 Fletcher, Merkel, Daniels, Triantos,
 Coffey
- NORTHERN VIRGINIA RUNNING CLUB Alexander, Martin, Ellwein, Evans, Kennedy, Bennett
- 10. MONTGOMERY COUNTY ROAD RUNNERS
 Silverman, Jordan III, Solbeck,
 Villano, Noel
- 11. TURKEY RUN RUNNING CLUB Dodge, Gage, Burgess, Ampthor, Eldridge, Olsen

- 12. WASHINGTON RUNNING CLUB--E
 Bombaugh, Rincon, Hargis,
 Scarborough, Higgs
- 13. PEPCO--A
 Ng, Cernoch, Keicher, Shanklin,
 Ryland
- 14. POTOMAC VALLEY
 I'Anson, Marcy, Desjardin,
 Chisholm, Bates, Kelley
- 15. MARINES I (Military Winner)
 Lillie, Oehl, Kills Straight,
 Swingle, Boyer, Jones
- 16. INTERNATIONAL
 Larkum, Todaro, Formoso, Allison,
 Rawking

- 17. AIR FORCE OSI
 Ryan, Cobaugh, Pitt, Guinn,
 Crabtree
- 18. DIRTY HARRY Sandoval, Fry, Freyman, Bottenfield, O'Brien, Cavnar
- GERMAN MIL II
 Wesselbaum, Kretschmann, Rocho,
 Kiendling, Kaut
- 20. MARINES IV
 Fontano, Dalbec, Smith, Helms,
 Dutcher
- 21. MARINES II

 Black, Herr, Andrews, Wingett,
 Fischer, Runnels

TIMES OF OUR LIVES

STRIDERS ON THE ROAD

Editor's note: Please write, or call Evan Thomas, the Hotline, or one of the editors to report your times for other races.

DON'T RUN THIS RACE

Don't ever, don't ever, ever run the MINNESOTA VOYAGER 50-MILE TRAIL RUN. This is the advice of Bill and Luanne Turrentine, who temper their advice with the voice of experience--they ran this grueling race on July 25, 1987. Held in Duluth, this race is so punishing that Luanne dropped out after 7 hours at mile 25. "I sprained my ankle after the first mile because the terrain was so horrible," she said.

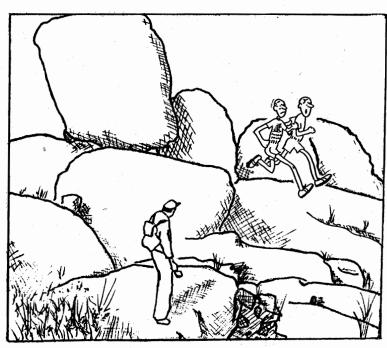
Bill finished in 11 hours, 13 minutes. "I'm embarrassed because my time was so slow," he said--even though he got lost for 20 minutes at one point.

Of 70 entrants about 60 finished. The trail was so harrowing that one section had no trail, just boulders which the racers had to climb over. Then there were the "Power Lines"—three miles of a dozen hills which sloped up and down at alarming angles. The weather: it was overcast in the morning and 92 humid degrees in the afternoon. "Don't ever run this race."

Evan received this message from Kip Eldridge: "Ran the Boston this year--unofficial but had a ball. Its an experience every one should enjoy--one million people from start to finish cheering everyone. I finished with John Kelly who won the event in 1935 and 1945. He's 79 years old and a wonderful guy. My time was 4:16:30. It was my second marathon and a thrill I will never forget. Hope to see some Striders in Montreal this fall."

Here's another plug for good crowd support from Joe Walsmith: "Falmouth is the most scenic course I've run and has the best crowd supportabout 75,000 spectators with garden hoses, water stands, ice, and more. I covered the 7-plus miles from Woods Hole to Falmouth, Massachusetts in 55:16 on August 16, a day when the temperature was 92 degrees. The first 3-1/2 miles were uphill. There were over 5,300 of us running on narrow roads. We all celebrated with a big picnic after the race."

CHARLES STREET CHASE 5K...Baltimore Stan Fletcher 15:23 6th man Rose Malloy 17:23 4th woman



"Some people really are crazy, imagine hiking in a place like this!"