

# SPECIAL FEATURE

## 11TH ANNAPOLIS RUN

The Annapolis Striders' 11th ANNUAL ANNAPOLIS RUN  
 MARYLAND'S PREMIER 10 MILE ROAD RACE  
 Annapolis, Maryland August 24, 1986 7:30 A.M. Weather: Sunny, 70 degrees

### BENHAM REINS-IN ANNAPOLIS

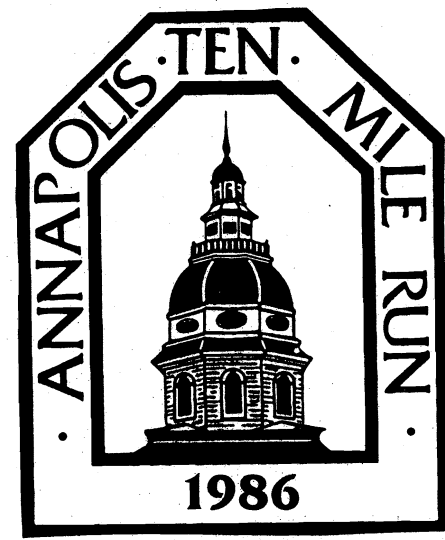
With cool temperatures, the stage was set for another fast Annapolis Run. An early hurricane had coaxed the first cold front of the season to the shores of the Chesapeake Bay. But instead of a fast start, the lead pack acted like they had been put on ice and enjoyed the scenery while they cruised through the early miles in the still of the Colonial Annapolis Sunday morning.

On the way out of town, after crossing the Severn River, Bill McCormack began to put it together. The U.S. Naval Academy graduate and current assistant cross-country coach was running with Gerry Clapper and Jim Hage. His familiarity with the rolling hills seemed to have given him an edge as he started to build up a lead which was extended to a cushion of 34 seconds by the time he hit the finish. His 50:26 was well off Gary Siriano's course record of 48:42.

For the women, Patty McGovern made short work of this race with her clocking of 57:08. A little push from some competition could have brought her closer to Eleanor Simonsick's 56:12, the benchmark set in 1982.

A full field of 2500 entrants were signed up but race officials were unsure as to why only 1800 finished with such great conditions. The standout performance was clocked by a 79-year-old. Ed Benham, the retired jockey from Ocean City, was the class of the field with a pending national, single-age record of 1:16:50. Race director, Mike van Beuren, hopes that Benham will return in 1987 so that the Annapolis Run can have its first 80 year old champion.

The "heartbreak/skin of the teeth" story came in the men's masters: Bill Conroy had the "heartbreak" and Richard Stotlar benefited from his dental epidermis. As they approached the finish, Conroy remained unaware of Stotlar's presence ahead of him, right ahead of him! The Chronomix and video tape recorded and confirmed 58:26.31 to 58:26.85 for these two competitors. Asked about what steps could be taken to make master runners aware of their immediate competition, Conroy suggested that a large "M" be worn on the back of each master runner's jersey. After pausing for a moment, he further elaborated that all men over 40 should be required to wear one, himself excepted.



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#### TAC CERTIFIED COURSE

PLACE	FIRST_NAME	LAST_NAME	AG	CITY	ST	TIME	PACE
1	BILL	MCCORMACK	26	ARNOLD	MD	0:50:26	5:03
2	GERRY	CLAPPER	25	COLUMBIA	MD	0:51:00	5:06
3	JIM	HAGE	28	LANHAM	MD	0:51:38	5:10
4	HARRY	GOODMAN	32	RANDALLSTOWN	MD	0:51:56	5:12
5	DAVID	WHITE	24	WASHINGTON	DC	0:52:23	5:14
6	JIM	OKEEFE	26	COLUMBIA	MD	0:52:51	5:17
7	RUSSELL	BLATT	29	GLASTONBURY	CT	0:53:09	5:19
8	STEVE	GIORGIS	31	FALLS CHURCH	VA	0:53:28	5:21
9	JEFFERY	LEARS	36	NEW FREEDOM	PA	0:53:33	5:21
10	ANTHONY	GRIER	36	BALTIMORE	MD	0:53:46	5:23

#### TAC CERTIFIED COURSE

PLACE	FIRST_NAME	LAST_NAME	AG	S	CITY	ST	CHUTE3	PACE
1	PATTY	MCGOVERN	25	F	WASHINGTON	DC	0:57:08	5:43
2	MARGE	ROSASCO	38	F	FALLSTON	MD	1:00:31	6:03
3	DEBBIE	FORRESTER	29	F	VA BCH	VA	1:02:22	6:14
4	PAMELA	BRISCOE	31	F	CHEVY CHASE	MD	1:02:59	6:18
5	CATHY	VENTURA-MERKEL	31	F	ARLINGTON	VA	1:03:05	6:19
6	KATHERINE	STILES	29	F	BERRYVILLE	VA	1:04:01	6:24
7	PATTY	DEUSTER	36	F	SILVER SPRING	MD	1:04:08	6:25
8	CHERYL	OKEEFE	23	F	COLUMBIA	MD	1:04:48	6:29
9	SUSAN	BARBE	24	F	WASHINGTON	DC	1:04:51	6:29
10	NANCY	TURNER	26	F	VIRGINIA BEACH	VA	1:04:53	6:29

MALE AGE-GROUP RESULTS

11th Annapolis Run, August 24, 1986

AGE GROUP: 13 and Under

1 JOHN LEWIS	12 FREDERICK	MD 1:16:27
2 MARK LESAGE	11 PORT TOBACCO	MD 1:25:03
3 BEN DAVIS	11 SEVERNA PARK	MD 1:36:46

Record: 58:02 Jeff Campbell 1984

AGE GROUP: 14 - 19

1 HUGH WOODEN	15 SILVER SPRING	MD 0:59:23
2 REESE KIPLE	18 ARNOLD	MD 1:01:10
3 TODD VANA	19 ANNAPOLIS	MD 1:01:36

Record: 52:23 by Steven Levin in 1982

AGE GROUP: 40 - 44

1 RICHARD STOTLAR	44 SHREWSBURY	PA 0:58:26
2 BILL CONROY	43 CROFTON	MD 0:58:26
3 HUBERT CHADWICK	42 COLUMBIA	MD 0:58:48

Record: 53:59 by Mike Sabino in 1982

AGE GROUP: 45 - 49

1 LAWRENCE I'ANSON JR	49 CHEVY CHASE	MD 1:00:59
2 CHARLES DAVIES	49 WASHINGTON GROVE	MD 1:01:31
3 JOHN ELLIOTT	47 COLUMBIA	MD 1:01:40

AGE GROUP: 50 - 59

1 TURNER WILLIAMSON	50 ARLINGTON	VA 0:59:26
2 WILLIAM HOSS	51 RESTON	VA 0:59:44
3 ROBERT HAERTSCH	51 CAMP HILL	PA 1:03:01

Record: 54:15 Norman Green, Jr. in 1984

AGE GROUP: 60 - 69

1 HERBERT CHISHOLM	60	1:06:11
2 RICHARD JOHNSON	62 TEMPLE	PA 1:08:49
3 JOE HOLLAND	64 BALTIMORE	MD 1:14:40

Record: 1:05:20 by Oscar Fox in 1982

AGE GROUP: 70 and over

1 ED BENHAM	79 OCEAN CITY	MD 1:16:50
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Record: 1:11:35 by Ed Benham in 1983

FEMALE AGE-GROUP RESULTS

11th Annapolis Run August 24, 1986

AGE GROUP: 13 and under

1 KIMBERLY HENDERSON	13 VIENNA	VA 1:21:24
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Record: 1:08:57 by Kristian Coleman in 1981

AGE GROUP: 14 - 19

1 SUZANNE WENK	19 COLUMBIA	MD 1:11:16
2 ROBIN QUINLAN	16 BOWIE	MD 1:13:04
3 HOPE MOHLE	19 CHESTER	MD 1:28:05

Record: 1:06:35 by Maureen McGowen in 1984

AGE GROUP: 40 - 49

1 BECKY NOLAN	40 ANNANDALE	VA 1:10:28
2 SHARON HAMILTON	44 OLNEY	MD 1:11:42
3 VICKI PIERPONT	43 ARNOLD	MD 1:11:52

Record: 1:08:06 by Ann Diaz in 1984

AGE GROUP: 50 - 59

1 JEAN MALONE	50 ELLICOTT CITY	MD 1:20:39
2 MARTHA KINSINGER	52 GAMBRILLS	MD 1:21:22
3 REGINA LAPETINA	53 BALTIMORE	MD 1:23:29

Record: 1:13:37 by Fran Adams 1983

AGE GROUP: 60 AND OVER

Record: 1:31:13 by Dorothy Bright in 1985

VOLUNTEER SUPPORT HIGHLIGHTS 11TH ANNAPOLIS RUN

Where were you on the weekend of August 23rd & 24th? I hope you had a chance to enjoy some of the events surrounding the Annapolis Run! We had another fine race thanks to the efforts of so many and the generosity of our sponsors. The results will soon be in the mail.

For me, it is difficult to keep an even perspective as to what the most exciting features of our annual 10 Mile run are. Is it the size or popularity of the race? The feeling of anticipation at the workers run and the runner's night on race-eve? How about the crush of runners surging away from the start or the looks of satisfaction as runners cross the finish line? It's a toss-up between these and many other things. As race director, I am most heartened by the people who are willing to work; many have for years! It is our returning volunteers who make the Annapolis Run better and better. There are individuals & families who have been working on the race for most of the past 11 years. These include Randy & Debby Fox, Gerte & Dan Spadone, Ron Jarashow, Dick & Lisa Hillman and Don & Nancy Waddington.

This year, it was great to be able to get together at our first worker's picnic at the Key School. Over one hundred attended and were able to savor something besides the preparation for a race which takes so long but only lasts two hours: the hot dogs and hamburgers were great! I hope we will do this again.

I have asked the Streak that a partial list of workers be published so that we can congratulate each other on a job well done. This list is incomplete in that it does not include the people from many other groups: Steve Andrews and his team from the Chesapeake Bay Distributing Company, Susan Berenson from First National Bank of Maryland, the South River High School Track Team, the US Naval Academy Women's and Men's Track Teams, the US Marine Corps Barracks in Annapolis, the Sports Medicine Center of Annapolis, the Arundel Radio Club, Dianna "De" McGurn and the YMCA, Jim Katcef and Recharge.

A very special thanks goes to Capt. J.O. Coppedge and Bill Dammeyer of The Naval Academy Athletic Association who continue to be so generous and understanding of our runners by permitting us to use the marvelous Navy - Marine Corps Memorial Stadium. We are equally indebted to the Annapolis, Anne Arundel, and Maryland State Police and the US Coast Guard for providing the best in security along the course, allowing so many to run their personal "bests". Among these, 79-year-old Ed Benham set another national, single-age record on our course.

Our major sponsors continue to be the lifeblood of the race: Lite Beer by Miller, First National Bank, and Nike. Their financial and material support have allowed us to provide the fine items of remembrance to each finisher for the last seven years.

*- Mike van Beuren*

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ELEVENTH ANNAPOLIS RUN VOLUNTEER HALL OF FAME

Yvonne Aasen  
 JERRY ABEN  
 Jay Alders  
 Eddie Anderson  
 DAVID ARGENTIERI  
 David Bartosevich  
 JEAN BAWKER  
 PAUL BAWKER  
 Ann Beach  
 Rodney Beach  
 J. Howard Beard, III  
 MARGARITE BEATTY  
 Helaine Betnun  
 Nate Betnun  
 Fred Betz  
 James Black  
 Timothy Blewett  
 Wally Bloss  
 Susan Bonner  
 Robin Borden  
 Ronald Bowman  
 THOMAS BRADFORD  
 Thomas Bradford  
 Cathy Bridges  
 Robert Bridges  
 Ned Brooks  
 LISA BURDETTE  
 William Buser  
 ROB BUSHNELL  
 RUTH BUSHNELL  
 Charles Cadell  
 JOE CARRIER  
 Anne Chamberlain  
 Mike Chamberlain  
 Mark Chaput  
 John Coder  
 PAT CODER  
 COLLEEN COEUR  
 CAROLINE COFFAY  
 CATHERINE COFFAY  
 Thomas Condon  
 William Conroy  
 Cindi Contarino  
 William Contarino  
 Mary Coughlin  
 Gale Cromwell  
 CARLOTTA CROSBY  
 Darlene Dabbs  
 Joseph Deak, Jr.  
 JOHN DEGRECK  
 Kathleen Dittmar  
 Dianne Dodson  
 JOY DONLIN  
 PATRICK DONLIN

Thomas Donlin  
 Joe Duffy  
 Paul Duffy  
 MARGIT EILERS  
 KIP ELDRIDGE  
 Eleanor Elster  
 Amanda Falk  
 Robert Field, Jr.  
 Sayle Flynn  
 DEBBIE FOX  
 RANDY FOX  
 Cathy Frantom  
 CYNTHIA GAINES  
 Anne Gauzens  
 Frank Goetschius  
 Nancy Goetschius  
 Rae Jean Goodman  
 Donald Goodwin  
 CHUCK GORUM  
 NANCY GORUM  
 Edwin Green Sr.  
 Judith Greenblatt  
 Susan Greinke  
 Richard Gucker  
 JIM HAAS  
 James Hall  
 Scott Hall  
 Sharon Hammond  
 Nancy Hans  
 Deborah Harney  
 LARRY HARRISON  
 NORA HELFGIT  
 Arnold Henderson  
 Robert Higginbotham  
 Heidi Hillman  
 Lisa Hillman  
 Richard Hillman  
 Neal Hinkle  
 Winterson Hittle  
 Patrick Hoffman  
 Elizabeth Holliday  
 Michele Holman  
 Lynn Hopkins  
 Michael Impellizzeri  
 ELIZABETH JAMES  
 Ron Jarashow  
 DICK JOHNSTON  
 CAROL ANN JONES  
 Nancy Jordan & Crew  
 Donald Kane  
 BILL KASSAKATES  
 Susan Katcef  
 A. Earl Keicher  
 Patricia Kelly  
 Barbara Kerr

Kenneth Kimble  
 Liz Kisenwether  
 Steven Klakring  
 Ralph Labarge  
 William Law  
 Jonas Legum  
 LAURA LEHR  
 Woodford Linton  
 BETTY LLOYD  
 John Lockwood  
 LESLIE LOMBARDO  
 Michael Long  
 JANE LUNNEY  
 Angie Lyden  
 Tom Lyden  
 Kenneth Lyons  
 Therese Maccherone  
 Thomas Mark  
 ? MAUST  
 Keith Maynard  
 Robert Maynard  
 Allyson McCormick  
 Rick Meeks  
 WILLIAM MENNE  
 Harold Michaels  
 AL MILLER  
 Bill Miller  
 Delma Miller  
 Ben Moore  
 Betty Moore  
 CONNIE MORAN  
 MORI MORIN  
 Earle Myers  
 DOUG NAUMAN  
 Deborah Nielsen  
 Brenda Norman  
 Norm & Ann O'Brien  
 Patricia O'Brien  
 DICK O'DAY  
 Vinil Patel  
 IAN PATRICK  
 LEE PATRICK  
 MARK PATRICK  
 STEPHEN PATRICK  
 LORRAINE PEARSON  
 PETER PIERPONT  
 Peter Pierpont, Jr.  
 MARY PITCHFORD  
 ABE POLLACK  
 Douglas Pond  
 Nancy Prue  
 KEN QUINN  
 Guy Riccio  
 JIM ROBOSSON  
 ALIX RODDA

Linda Rogers  
 Jim Sandison  
 John Schaum  
 TERRY SCHMIDT  
 Carl Schneider  
 Earl Scott  
 Wilford Scott  
 Kathleen Smith  
 Vivian Smith  
 Dan Spadone  
 Gerte Spadone  
 Marshall Steele III  
 James Storey  
 ANDY SWEENEY  
 Sean Sweeney  
 JOHN C TAYLOR  
 MILTON TAYLOR  
 JOAN THING  
 Evan Thomas  
 Bing Topper  
 Huey Treadwell  
 Priscilla Trescott  
 Robert Trescott  
 TARA TRIMRUD  
 Patricia Trotto Sr.  
 William Turrentine  
 SARA VAN REES  
 CAROL VOGEL  
 SCOTT VOGEL  
 William Vogenitz  
 Donald Waddington  
 Nancy Waddington  
 John Wall  
 JENNY WALSMITH  
 Joseph Walsmith  
 Shelia Walsmith  
 Leon Walters  
 Robert Walters  
 GINA WATKINS  
 SHARON WATTS  
 Alice Weathersbee  
 Ronald Weeks  
 BRIAN WEINBERGER  
 Henry Whitesel  
 Mike Whitworth  
 Dennis Williams  
 PETE WILLIAMS  
 TERRY WILLIAMS  
 CURT WILSON  
 Rick Woods  
 JANE WORTHINGTON  
 SUSAN WORTHINGTON  
 Mark Yerkes  
 David Zeitlin  
 Louise Zeitlin

AND THE SOUTH RIVER HIGH SCHOOL TRACK TEAM