

Electronic Timing & the Annapolis 10M Run



The Strider's are still researching the possibilities of electronic timing for the Annapolis Ten Mile Run. The original plan to have the

Governor's Bay Bridge Race scored electronically did not work out. The company we had contacted to handle the scoring had technical difficulties and they suggested we use our old system of scoring until they better understood why they had problems.

We have since contacted ChampionsChip and are working out the contract issues for possible use at the Annapolis Ten Mile Run. A lot of decisions have to be weighed and we hope the outcome will be the use of the ChampionChip system. This system was used at the 1996 and 1997 Boston Marathons and the 1997 Disney Marathon as well as many other races in the U. S. with great success.

Update on my Western States 100 Race



Many have asked me about my training and progress towards my race on June 28-29. Training has been going very well and the planning of apparel and gear is in place. I am still very nervous about the course (since I have never seen it) and the weather (anywhere from 40 to 110 degrees). I am fortunate to have a training partner, Meredith Bonta, who is training for the Vermont 100 in July, with similar aspirations and training time line.

By the time you read this article I will have completed all my long runs and will be into a de-training cycle. I promise to write an article for the August Streak with a complete accounting of my adventure. Wish me luck and prayers.

Goodbye to Roy

I would like to say goodbye to a good friend who recently passed away. **Roy Elder** was a fellow runner and Annapolis Strider. He was a senior runner who made junior runners catch their breath. He seemed to be at every race, no matter what the distance, with his wife Marian playing the role of support. Roy was one of those people who was always happy and seemed to enjoy life to it's fullest. He was a marathon addict, like myself, and sometimes ran one every weekend. I remember him running his 50th at the B & A Trail marathon when I was race director. He had run the Last Train to Boston Marathon the day before (of course he was young then -

only in his early 60's) and was thrilled to have our race as his 50th. Roy will be missed by all and we wish his family and wife, Marian our deepest regards.

Note

We would also like to wish the family of Judy Flannery our sincerest sympathy. Judy, as many of you might know, was a nationally ranked triathlete who was tragically killed in a biking accident in April. She and I ran many road races together as competitors. I had known Judy as a runner. She was a friendly and vivacious fellow athlete. She will be missed.

HELP WANTED...

VOLUNTEERS NEEDED

It's the big one, it's the

A 10

Sunday, August 24

PLEASE CALL THE HOTLINE

410-268-1165

