

# DON'S DAWDINGS

Another Annapolis Ten Mile Run is history. And this latest run continued the trend of making each race better than the year before. While there is always room for improvement, this was the smoothest and best run Annapolis Ten to date. John Gudas and all the volunteers who worked the race take a bow. Without each and every one of you doing your part, this race could not happen. But it does go on and in a manner that makes others take note. Perhaps Joe Gross said it best in his review column when he said, "John Gudas and a crack Annapolis Strider team showed just how well a running event can be conducted." We (Striders) take pride in running quality races, and the Annapolis Ten epitomizes that "quality race." You can all be proud of the part you played because lacking any one of you the end results would not be the same.

Twenty Striders recently enjoyed a weekend social gathering that included twenty-four hours of speed work. For the second consecutive year, Annapolis was well represented (two teams) at the Fort Meade 24-Hour Relay. The geriatrics team of Buck Cadell, Fletcher Hanks, Bill Law, Dick Manasseri, Bill Miller, Doug Pond, Earl Scott, Don Waddington, Bill Wandel and Ron Wolfe completed 219 miles 1290 yards in 24 hours for a ninth place finish (out of 20 teams). The open team of Norm Alton, Carol Huddy, Betty Impellizzeri, Don Kennedy, Delma Miller, Ann O'Brien, Norm O'Brien, Pat O'Brien, Mike van Beuren and Louise Zeitlin was close behind with 200 miles 440 yards in twenty-four hours. Individual awards went to Mike van Beuren--second overall, Bill Wandell--second 40 to 49, Don Waddington--first 50 and over, Fletcher Hanks--fourth 50 and over, and Bill Law--fifth 50 and over. Congratulations to all participants. As in past years, more than one have told me that their speed increased just by participating in this event. Anyone ready for next year?

The merry band of Moore's Marines is well into the marathon training program. If your goal is to run a marathon this year, you would be hard pressed to find a better program for running a first time marathon. Your time may not be world class, but you will finish and enjoy yourself in the process. Join Ben and his group Saturday mornings at the Annapolis Mall at 7:30 a.m.

The picnic at Bart Rohrbach's place was a smashing success in spite of the heat. A large number of Striders (too large for me to count) turned out to enjoy volleyball, the pool, beer, soft drinks, and just socializing. Judging from the activities, it appears that this event is worth repeating. Bart has indicated he is willing to host it again next year. If you have any suggestions for next year's event, pass them along to Randy Fox.

See you on the road.

*Don Waddington*

Don Waddington

## EDITORS REMARKS

EDITING: Articles submitted are usually accompanied with the admonition to edit if necessary. I thought long and hard about red-penciling Pat O'Brien's "Insanity." I questioned, "Will women be good natured about humor applied to their anatomy?"

Actually, Pat, its just not fair—you should have given equal space to jock strap humor.

VARIETY: Jamie Haars word processor has given us some neat even margins in this issue. And your articles have given us variety. Thanks for your talented contributions.

But I'm always looking for new material: Do you have a recipe you would like to share? Or how about an anecdote? There must have been hundreds of funny little stories in a big race like our Annapolis 10-Mile Run. I heard there are 70 runners training with Moore's Marines; someone must be preparing to run their first marathon...The possibilities are endless.

COLLATING TEAM: Thanks to Bob and Blanche Hunton, Lee Turowski, Delma Miller, Bill Law, Nancy Waddington, Ann Beach, Alice Weathersbee, and Marvin Aasen for working on a hot summer evening to collate the August Streak. Anyone who would like to help please give me a call. It only takes a couple hours at my home in Severna Park.

DEADLINE: The deadline for the December (last one of the year) Streak is November 8.

