



WORDS FROM THE RACE DIRECTOR:

The 8th Annapolis Run is upon us again, and the organizing activities are picking up. We filled the field of 2500 entrants well before the June 1 deadline. Our sponsors again this year include Miller LITE, First National Bank of Maryland, NIKE, and Giant Foods, Inc. This support will allow us to supply each entrant with a really snappy pullover jersey. Don Goodwin and Bob Bridges combined to supply the jackets we handed out last year.

The purpose of this Newsletter is to request the support of ALL Striders in conducting this event--yes, it's volunteer time again! Dick Hillman has agreed to coordinate the volunteer solicitation and is seeking course monitors, stadium workers, finish line mentors, scorers, race number and jersey distributors, police assistants, and many other workers.

Please call the HOTLINE (268-1165) and sign up now for the best choice of jobs. This year, each volunteer will receive a Marti Betz Original Design Race Official Tee-Shirt, and with a little luck, a visor and other goodies. Many Striders have told me that they entered the race but will forsake the opportunity to run in order to help out on race day. Regardless, there are many pre and post-race activities which require dedicated Striders, so don't be shy. We are planning another committee run (bark-bark!) this year, so keep training after you volunteer!

In closing, I'll remind you that the growth of the Annapolis Run has paralleled the growth of the Striders. Please join your fellow runners in making this a truly enjoyable event for all participants.

John Gudas