



“One of America’s Top 100 races!”
—RUNNER’S WORLD

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
PERMIT #526
ANNAPOLIS, MD

ANNAPOLIS STRIDERS, INC.
22nd Annapolis Run
Post Office Box 187
Annapolis, MD 21404-0187



22nd Annapolis Run

SUNDAY, AUGUST 24, 1997 – 7:30 AM

Maryland’s Premier 10-Mile Road Race

Avoid rejection!

Remember to:

- ☐ Complete each item legibly.
- ☐ Read, sign and date the “waiver and release”.
- ☐ Enclose a check or money order for \$25; postmarked by July 23rd.
- ☐ Sign your check!
- ☐ Mail early!

ENTRY FORM — 1997 ANNAPOLIS RUN — AUGUST 24, 1997

REGISTRATION — Complete and mail this form in a 9-1/2 inch, #10 envelope.

Entry Fee (non-refundable): \$25 must be postmarked by July 23. Deadline: 4000 entrants or Wed., July 23. Payment must be included for this form to be processed. No cash. **Make check or money order payable to: ANNAPOLIS RUN**
Please do not staple. **Mail to:** Annapolis Run c/o Annapolis Striders, PO Box 187, Annapolis, MD 21401-0187
TYPE OR PRINT — ILLEGIBLE ENTRIES WILL NOT BE PROCESSED — PHOTO COPIES ACCEPTABLE — REDUCED, OR FAXED COPIES ARE NOT.

LAST NAME	FIRST NAME	MI
<input type="text"/>	<input type="text"/>	<input type="text"/>
ADDRESS (where you will be on August 1st)		CITY
<input type="text"/>		<input type="text"/>
STATE	ZIP	
<input type="text"/>	<input type="text"/>	
TELEPHONE (DAY)	TELEPHONE (NIGHT)	BIRTHDATE
<input type="text"/>	<input type="text"/>	<input type="text"/>
AGE ON RACE DAY		GENDER
<input type="text"/>		M <input type="checkbox"/> F <input type="checkbox"/>
WHEELCHAIR?		YES <input type="checkbox"/>
RRCA CLUB NAME (For Participants in MD RRCA Championship Series)		
<input type="text"/>		
ANNAPOLIS STRIDER: YES <input type="checkbox"/> NO <input type="checkbox"/>		

WAIVER AND RELEASE

For good and valuable consideration, including PARTICIPANT'S being permitted to participate in the ANNAPOLIS 10-MILE RUN ("EVENT") to be held in and about Annapolis on Sunday, August 24, 1997, I, the undersigned participant ("PARTICIPANT") and I, the undersigned Parent or Guardian ("PARENT OR GUARDIAN") (where applicable), for myself, my successors, heirs, assigns, executors and administrators forever release and discharge Annapolis Striders, Inc., and any political subdivision, entity or organization on whose property any part of the EVENT is being conducted, and also any other sponsor and all affiliates, subsidiaries, corporate parents, officers, directors, partners, employees, servants and agents of Annapolis Striders, Inc., and of any other sponsors (hereinafter individually and collectively in all combinations referred to as "SPONSORS") from all claims, causes of action, costs and judgments that I now or hereafter may have or claim to have against SPONSORS for personal injuries, including death, damage to property, real or personal, caused by or arising out of PARTICIPANT'S involvement in the EVENT. I further agree to and do hereby assume any and all risks of personal injuries to PARTICIPANT, including death, and damages to PARTICIPANT'S property, real or personal, caused by or arising out of PARTICIPANT'S involvement in the EVENT. I further agree for myself, my successors, heirs, executors and administrators to indemnify and hold SPONSORS harmless from all claims and suits for personal injuries, including death, and damages to property, real and personal, in any way arising out of PARTICIPANT'S involvement in the EVENT, and from all judgments and costs recovered in said claims and suits and from all expenses incurred in defending said claims or suits. I further agree that PARTICIPANT'S photographs, pictures, slides and movies taken or made by SPONSORS in connection with PARTICIPANT'S involvement in the EVENT, or any REPRODUCTION of the same, as well as PARTICIPANT'S name, may in any manner be used by SPONSORS, or by any person, corporation, partnership or association authorized by SPONSORS. I further understand and agree that the involvement of commercial SPONSORS in the EVENT is for purely advertising purposes only and that they have no involvement in the course set-up or the running or safety features of the race.

I warrant the PARTICIPANT is in good health and has no physical condition that would prevent PARTICIPANT from competing in the EVENT.

I HAVE READ AND UNDERSTAND THIS WAIVER AND RELEASE, AND SIGN IT VOLUNTARILY.

SIGNATURE OF ENTRANT: _____ DATE: _____
PRINTED NAME AND SIGNATURE OF PARENT OR GUARDIAN: _____ DATE: _____
(REQUIRED IF PARTICIPANT IS UNDER 18 YEARS OLD)

RACE INFORMATION

DISTANCE — The Annapolis Run is a 10-mile foot race organized by the Annapolis Striders, Inc., a volunteer, nonprofit organization. The race is conducted according to the road racing guidelines of the Road Runners Club of America, and is part of the 1997 Maryland RRCA Championship Series. USATF certified.

PLACE — Start and finish at Navy-Marine Corps Memorial Stadium, Annapolis, Maryland.

STARTING TIME — 7:30 a.m. SHARP! Sunday, Aug. 24, 1997. Wheelchair start 7:20 a.m. All entrants should be at the stadium by 7:00 a.m.

COURSE — Start in east parking lot of stadium; loop around stadium perimeter; through West Annapolis; cross Severn River on new bridge; shaded country roads / Ritchie Hwy / rolling hills; re-cross river; traverse sea walls in Naval Academy; through historic downtown Annapolis past St. John's College; finish on grass in front of stadium. USATF Certification No. MD-95-009JS. Splits every mile. Water every 2 miles. Paved surfaces.

RULES — Participants must maintain at least a 12 minute per mile pace. No headphones. No wheels (roller blades, bikes, strollers, etc.). No dogs.

ENTRY — Submit a complete and fully executed entry form and the correct fee to: Annapolis Run, Annapolis Striders, Inc., P.O. Box 187, Annapolis, Maryland 21404-0187. Maximum Entrants: 4,000. No race day entries. No exchanges. Numbers are non-transferable. Unofficial runners will not be scored and are subject to disqualification from future events conducted by the Annapolis Striders. The first 1000 entries receive a special key chain.

FEE — \$25.00 must be postmarked by July 23. No entries thereafter. Make check or money order payable to "Annapolis Run". No cash. No refunds. The principal portion of race proceeds will benefit the Healthy Community Fund of Anne Arundel Medical Center. Prior Annapolis Runs have benefitted the American Heart Association. If you wish to make a contribution to support programs of the Association this year too, please send a separate check along with your entry fee.

PREMIUMS — The first 250 men and 100 women finishers receive the handsome 22nd anniversary edition of the Annapolis Run enameled lapel pin. All finishers receive a handsome high quality runners gear bag. The bag displays the distinctive Annapolis Run logo. Running merchandise will be distributed randomly to finishers.



AWARDS — Ceremony 10:00 a.m. West Stands, Navy-Marine Corps Memorial Stadium.

OVERALL: 1st, 2nd and 3rd place, male & female

MASTERS: 1st place, male & female

AGE GROUP: 1st, 2nd and 3rd place, male & female, 14 and under, 15-19, 20-24, etc., in 5 year increments.

1ST ANNE ARUNDEL CO. FEMALE: Pat O'Brien Memorial Award

1ST OVERALL AND MASTERS MALE & FEMALE: Maryland State RRCA 10 Mile Championship Awards

TEAM COMPETITION — MD/DC RRCA TEAMS. Top 5 score. No limit as to number of members on a team.

1996 CHAMPIONS

Open:	Men	KEITH MATISKELLA	51:32
	Women	STACEY NICHOLSON	1:01
Masters:	Men	THAD JONES	55:52
	Women	MARGARET STARNES	69:06

NUMBER PICK-UP — Anticipate early morning traffic and long pick-up lines race day. Plan to get your number on Saturday, August 23, between 10 a.m. and 5 p.m. at Anne Arundel Medical Center, Medical Park, Jennifer Road. Number pick-up resumes race morning at 6 a.m. at Navy-Marine Corps Memorial Stadium. Arrive well before 7 a.m. Pick-up lines close at 7:15 a.m. **DON'T BE LATE!**

RACE EVE EXPO — From 10 a.m. to 5 p.m. at Anne Arundel Medical Center, Medical Park, Jennifer Road. In addition to number pick-up, the expo will feature clothing sales, displays, food, random drawings, and Two-for-One Race Eve dinner coupons for Annapolis area restaurants.

POST RACE FESTIVAL — Bud Light, O'Doul's, Watermelon, Bagels, Bananas, Gatorade, Music, Sports Massage (available for a nominal fee), Clothing Sales, Race Application Table - load up for the fall racing season!

CONFIRMATION — Confirmation of entry acceptance, instructions for number pick-up, and detailed information about the Race Eve Expo and the Two-for-One dinner coupons will be sent by first class mail in early August. No telephone confirmations.

LODGING — To make reservations at Annapolis area hotels, motels and B & Bs, contact Annapolis Accommodations: 800-715-1000 or 410-280-0900.

RESULTS — Complete results will be posted on the internet on the Annapolis Strider's Homepage at: www.cs.washington.edu/homes/brad/striders
Results also will be published in the Runner's Gazette, a copy of which will be mailed to each finisher.

RACE ORGANIZATION — Annapolis Striders, Inc.
P.O. Box 187, Annapolis, MD 21404-0187
Sue Briers, President
Ron Bowman, Annapolis Run Director
Annapolis Striders Hotline — 410-268-1165