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ANNAPOLIS



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Anne Arundel Medical Center

## SPONSORS



**RACE REGISTRATION**  
Send \$20 entry fee postmarked by August 1, 1994

**PACKET PICK-UP**  
Loews Annapolis Hotel  
Saturday, August 27 10 - 5  
Sunday, Stadium 6:00 a.m.

**RACE DAY**  
Sunday, August 28

**START TIME**  
7:50 a.m. SHARPI  
Wheelchair start five minutes prior  
All competitors must be at stadium by 7:15 a.m.

**AWARDS**  
10:30 a.m.

**1 MILE FUN RUN — FREE!!**  
8:05 at the official starting line  
Ribbons and Certificates to all finishers

**7:50 a.m. SHARPI**

**Sunday, August 28, 1994**



## 1994 Annapolis Striders 19th Annapolis Run



**ANNAPOLIS STRIDERS**

ANNAPOLIS STRIDERS, INC.  
19th ANNAPOLIS RUN  
Post Office Box 6815  
Annapolis, Maryland 21401-0815



THE ANNAPOLIS RUN

"One of the Top 100 races in U.S."

RUNNER'S WORLD

**19th Annapolis Run**  
**Maryland's Premier 10-Mile Road Race**  
**Sunday, August 28, 1994**



BULK RATE  
U.S. POSTAGE  
PAID  
PERMIT #526  
ANNAPOLIS, MD

NON-PROFIT ORGANIZATIONS

# RACE INFORMATION

## DISTANCE

The Annapolis Run is a 10 mile foot race conducted by the Annapolis Striders, Inc. under the sanctioning guidelines of the Road Runners Club of America, and is included as part of the 1994 RRCA Championship Series.

## PLACE

**Start and finish** at Navy-Marine Corps Memorial Stadium, Annapolis, Maryland.

## STARTING TIME

**7:50 a.m. SHARP!** Sunday, August 28, 1994

Wheelchair start five minutes prior.

All competitors must be at the stadium by 7:15 a.m.

## COURSE

USATF Certification #MD90009JS. Splits every mile. Water every 2 miles. Start in east parking lot of stadium; through historic downtown Annapolis into grounds of U.S. Naval Academy; along sea walls through Academy; cross Severn River on new bridge; shaded country roads; rolling hills; paved surfaces, re-cross River; finish on grass at stadium.

## FINISH LINE

### Digital Clocks - Three Chutes

**Men:** use either right or middle chute. **Women:** use left chute only. Wear your number on the front. After finishing, tear off bottom tag and turn it in at end of chute.

## ENTRY

To be entered, you must submit a complete and fully executed entry form and the correct fee to: Annapolis Run Entries, Post Office Box 6815, Annapolis, Maryland 21401-0815. Your confirmation and further instructions will be mailed around August 1st.

Maximum Entrants: 4,000. No race day entries. No exchanges. Numbers are non-transferable.

## FEE

**\$20.00 by August 1, 1994.** No entries thereafter. Make check or money order payable to "Annapolis Run". No Cash. No Refunds. The majority of the proceeds from the race go to the American Heart Association, and Cardiac Rehab Programs. If you wish to contribute an additional amount beyond the entry fee, please check the appropriate box on the entry form and include it with your check or money order for the entry fee.

## GIFTS

The first 250 men and 56 women and each age group winner will receive the handsome 19th anniversary edition of the Annapolis Run enameled key chain. Each finisher will be presented with a handsome nylon wind jacket, specially created for the Annapolis Ten Mile Run.

## AWARDS

Ceremony 10:30 a.m. Navy-Marine Corps Memorial Stadium.

- ☆ **OVERALL AWARDS** will be for 1st, 2nd, and 3rd place individuals.
- ☆ **1ST PLACE MASTERS AWARD**, Male & Female
- ☆ **AGE GROUP AWARDS** will be given in 5 year increments; 1st, 2nd and 3rd, as entries warrant, for men and women
- ☆ **PAT O'BRIEN MEMORIAL AWARD** to 1st Anne Arundel County female finisher
- ☆ **RRCA MARYLAND STATE CHAMPIONSHIP AWARDS:** The top open and masters, male and female winners will receive special awards designating their finish as RRCA state champions.

## TEAMS

Depending on the number of entries, first place (individual and team) and second place (team) awards in men's and women's Open, Masters, Military, Corporate, and Public Safety.

## RECORD

Open	Men	GARY SIRIANO	48:42	1982
	Women	ELEANOR SIMONSICK	56:12	1982
Masters:	Men	MILE SABINO	53:59	1982
		ROGER CLARK (tie)	53:59	1991
	Women	ROSE MALLOY	1:00:36	1991
Wheelchair:	Men	KENNY CARNES	37:20	1991
	Women	BRENDA SMITH	57:30	1991

National single age records: Norman Green (1), Hedy Marque (1), and Ed Benham(5).

## 1993 CHAMPIONS

Open:	Men	GERRY CLAPPER	52:01	1993
	Women	DONNA MOORE	1:01:01	1993
Masters:	Men	RIC BANNING	55:04	1993
	Women	BEVERLY PRITTS	1:10:25	1993
Wheelchair:	Men	STEVE LIETZ	41:45	1993

Acknowledgement - Naval Academy Athletic Association

# REGISTRATION INFORMATION

## CONTACT

**Sue Briers, Race Director**, 19th Annapolis Run  
Post Office Box 6815, Annapolis, Maryland 21401-0815  
Annapolis Striders Hotline: 410-268-1165

## RUNNER'S NUMBERS

All entrants will receive mailed confirmation. Numbers may be picked up between 10 a.m. and 5 p.m. on Saturday, August 27 at the Loews Annapolis Hotel. Number pick-up resumes race morning at 6 a.m. at the Navy-Marine Corps Memorial Stadium. Pick-up lines close at 7:15 a.m. **DON'T BE LATE.**

## RACE EXPO AND PACKET PICKUP

From 10 a.m. to 5 p.m. at the Loews Annapolis Hotel, 126 West Street, Annapolis. Clothing sales, displays, popcorn, random prize drawings, Two-for-One Race Eve dinner coupons for Annapolis area restaurants. Details announced in the confirmation letter.

## HOTELS

Loews Annapolis Hotel (Headquarters) 126 West Street - discounted rooms \$80.00 double occupancy. Make reservations by July 26th. 1-800-526-2593.



# TEAM COMPETITION

## TEAM ENTRIES

For more details call Bob Field, Team Competition Chair, at 202-268-4334, 9-4, M-F.

## RULES

Six people of the same gender make up a team and five score. Each team member must complete an entry form. The forms of each team member and the team roster form must be submitted together and must include the name, address, and phone number of a team captain who shall be a team member. The fee is \$125 before July 1st and \$150 thereafter. **No entries after August 1, 1994.** Fee must be submitted in one check.

## DIVISIONS

OPEN, MASTERS, MILITARY, CORPORATE and PUBLIC SAFETY (i.e. police, fire, rescue), men and women in each category. Indicate category when entries are submitted.

## AWARDS

Team and individual team member awards will be proportional to the number of team entrants. Official results will be sent to team captains.

**REMEMBER** All team entries must be mailed together with one check.

MAIL TO Annapolis Run, Team Entries, Post Office Box 6815  
Annapolis, Maryland 21401-0815,

OFFICIAL USE

DIVISION (check one):  OPEN  MASTERS  MILITARY  CORPORATE  PUBLIC SAFETY

TEAM NAME: \_\_\_\_\_

GENDER (check one):  M  F

TEAM CAPTAIN LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_ MI: \_\_\_\_\_ GENDER: \_\_\_\_\_ AGE: \_\_\_\_\_

MEMBER #2 LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_ MI: \_\_\_\_\_ GENDER: \_\_\_\_\_ AGE: \_\_\_\_\_

MEMBER #3 LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_ MI: \_\_\_\_\_ GENDER: \_\_\_\_\_ AGE: \_\_\_\_\_

MEMBER #4 LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_ MI: \_\_\_\_\_ GENDER: \_\_\_\_\_ AGE: \_\_\_\_\_

MEMBER #5 LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_ MI: \_\_\_\_\_ GENDER: \_\_\_\_\_ AGE: \_\_\_\_\_

MEMBER #6 LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_ MI: \_\_\_\_\_ GENDER: \_\_\_\_\_ AGE: \_\_\_\_\_

# ENTRY FORM — 1994 Annapolis 10-Mile

## REGISTRATION

Send \$20 entry fee postmarked by August 1st. Do not mail after August 1st. Check or money order must be included for this form to be processed. No cash. No refunds. Special Tyvek Premium Shoebag to 1st 2000 entrants. *Envelope #10*

## NO POST ENTRIES OR UNOFFICIAL RUNNERS

Make check or money order payable to: ANNAPOLIS RUN

Mail to: Annapolis Striders, Inc. Annapolis Run Entries  
Post Office Box 6815, Annapolis, Maryland 21401-0815

PHOTO COPIES ACCEPTABLE - TYPE OR PRINT ALL ITEMS - ILLEGIBLE ENTRIES WILL NOT BE PROCESSED

LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_ MI: \_\_\_\_\_ GENDER: \_\_\_\_\_

ADDRESS (where you will be on August 1st): \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_  
MONTH: \_\_\_\_\_ DAY: \_\_\_\_\_ YEAR: \_\_\_\_\_

AGE ON RACE DAY: \_\_\_\_\_ YES  WHEELCHAIR?

ARE YOU AN ANNAPOLIS STRIDER?

IS THIS A TEAM ENTRY?

TEAM NAME: \_\_\_\_\_

MD, DC RRCA CLUB NAME: \_\_\_\_\_

If yes, all forms must be mailed together and the team captain must complete the attached team roster form.

## WAIVER AND RELEASE:

For good and valuable consideration, including participant's being permitted to participate in the ANNAPOLIS 10-MILE RUN ("EVENT") to be held in and about Annapolis on Sunday, August 28, 1994, I, the undersigned participant ("PARTICIPANT") and I, the undersigned Parent or Guardian ("PARENT OR GUARDIAN") (where applicable), for myself, my successors, heirs, assigns, executors and administrators forever release and discharge Annapolis Striders, Inc., Katcef Brothers, First National Bank of Maryland, the State of Maryland, and any other Run Sponsor and all affiliates, officers, directors, partners, employees, servants and agents of Annapolis Striders, Inc., First National Bank of Maryland, and the State of Maryland and/or any other Sponsor of the Run (hereinafter individually and collectively in all combinations referred to as "SPONSORS") from all claims, causes of action, costs and judgments that I now or hereafter may have or claim to have against SPONSORS for personal injuries, including death, damage to property, real or personal, caused by or arising out of PARTICIPANT'S involvement in the EVENT.

I further agree to and do hereby assume any and all risks of personal injuries to PARTICIPANT, including death, and damages to PARTICIPANT'S property, real or personal, caused by or arising out of PARTICIPANT'S involvement in the EVENT. I warrant that PARTICIPANT is in good health and has no physical condition that would prevent PARTICIPANT from participating in the EVENT. I further agree for myself, my successors, heirs, executors and administrators to indemnify and hold SPONSORS harmless from all claims and suits for personal injuries, including death, and damages to property, real and personal, in any way arising out of PARTICIPANT'S involvement in the EVENT, and from all judgments and costs recovered in said claims and suits and from all expenses incurred in defending said claims or suits.

I further agree that PARTICIPANT'S photographs, pictures, slides and movies taken or made by SPONSORS in connection with PARTICIPANT'S involvement in the EVENT, or any REPRODUCTION of the same, as well as PARTICIPANT'S name, may in any manner be used by SPONSORS, or by any person, corporation, partnership or association authorized by SPONSORS. I warrant the PARTICIPANT is in good health and has no physical condition that would prevent PARTICIPANT from participating in the EVENT.

I HAVE SIGNED THIS RELEASE AND WAIVER VOLUNTARILY.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

PRINTED NAME AND SIGNATURE OF PARENT OR GUARDIAN: \_\_\_\_\_ DATE: \_\_\_\_\_  
(REQUIRED IF PARTICIPANT IS UNDER 18 YEARS OLD)