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ANNAPOLIS, MD

Annapolis Striders, Inc.
18th Annapolis Run
Post Office Box 6815
Annapolis, Maryland 21401-0815



18th Annapolis Run

Principally Sponsored by Bud Light

SUNDAY, AUGUST 29, 1993 - 7:50 AM



Maryland's Premier 10-Mile Road Race

- DID YOU REMEMBER**
- TO COMPLETE EACH ITEM LEGIBLY?
 - TO READ AND SIGN THE RELEASE ON THE ENTRY FORM?
 - TO INCLUDE THE CORRECT FEE?
 - TO MAIL EARLY SINCE THIS RACE CLOSURES OUT EVERY YEAR?

Beginning at 8:05 AM at the official starting line.
Ribbons & Certificates
To All Finishers

1 MILE FUN RUN — FREE!!

TEAM ROSTER FORM — 1993

Official Use

DIVISION (Please Check One): OPEN MASTERS MILITARY CORPORATE PUBLIC SAFETY

TEAM NAME:

GENDER (Please Check One): M F

TEAM CAPTAIN	LAST NAME	FIRST NAME	MI	GENDER	AGE
MEMBER #2	LAST NAME	FIRST NAME	MI	GENDER	AGE
MEMBER #3	LAST NAME	FIRST NAME	MI	GENDER	AGE
MEMBER #4	LAST NAME	FIRST NAME	MI	GENDER	AGE
MEMBER #5	LAST NAME	FIRST NAME	MI	GENDER	AGE
MEMBER #6	LAST NAME	FIRST NAME	MI	GENDER	AGE

ENTRY FORM - 1993

Registration

Send \$15 entry fee if postmarked by June 30; \$20 by August 1. Do not mail after August 1, Check or money order must be included for this form to be processed. No cash. No refunds.

No Post Entries or Unofficial Runners

Please make check or money order payable to:
Annapolis Run

Please mail to:

Annapolis Striders, Inc., Annapolis Run Entries
Post Office Box 6815, Annapolis, MD 21401-0815

PHOTO COPIES ACCEPTABLE - TYPE OR PRINT ALL ITEMS - ILLEGIBLE ENTRIES WILL NOT BE PROCESSED

LAST NAME	FIRST NAME	MI	YES	I want to support the Heart Fund. I have included an extra \$_____ to be earmarked for the children's early detection program.	
ADDRESS (where you will be on August 1st)	CITY	STATE	ZIP		
TELEPHONE	BIRTHDATE	AGE ON RACE DAY	GENDER	WHEELCHAIR? YES	YES NO
	MONTH DAY YEAR		M F		ARE YOU AN ANNAPOLIS STRIDER? YES NO
IS THIS A TEAM ENTRY? If yes, all forms must be mailed together and captain must complete the attached team roster form.		YES NO	TEAM NAME		
			(AS IT APPEARS ON TEAM ROSTER)		

WAIVER AND RELEASE: For good and valuable consideration, including PARTICIPANTS being permitted to participate in the ANNAPOLIS TEN MILE RUN ("EVENT") to be held in and about Annapolis on Sunday, August 29, 1993, I, the undersigned participant ("PARTICIPANT") and I, the undersigned parent or guardian ("PARENT OR GUARDIAN") (where applicable), for myself, my successors, heirs, assigns, executors and administrators forever release and discharge Anheuser-Bush Inc., Katcof Brothers Inc., Annapolis Striders, Inc., the City of Annapolis, and any other political subdivision, entity or organization on whose property and part of the EVENT is being conducted, and also any other sponsor and all affiliates, subsidiaries, corporate parents, officers, directors, partners, employees, servants and agents of Anheuser-Bush Inc., Katcof Brothers Inc., Annapolis Striders, Inc., and any other sponsors (hereinafter individually and collectively in all combinations referred to as "SPONSORS") from all claims, causes of actions, costs and judgements, that I now or hereafter may have or claim to have against SPONSORS for personal injuries, including death, damage to property, real or personal, caused by or arising out of PARTICIPANT'S involvement in the EVENT.

I further agree to and do hereby assume any and all risks of personal injuries to PARTICIPANT, including death, and damages to PARTICIPANT'S property, real or personal, caused by or arising out of PARTICIPANT'S involvement in the EVENT.

I further agree for myself, my successors, heirs, assigns, executors and administrators to indemnify and hold SPONSORS harmless from all claims and suits for personal injuries, including death, and damages to property, real and personal, caused by PARTICIPANT'S act or omission and arising out of PARTICIPANT'S involvement in the EVENT, and from all judgements and costs recovered in said claims and suits from all expenses incurred in defending said claims or suits.

I further agree that PARTICIPANT'S photographs, pictures, slides and movies taken or made by SPONSORS in connection with PARTICIPANT'S involvement in the EVENT, or any REPRODUCTION of the same, as well as PARTICIPANT'S name, may in any manner be used by SPONSORS, or by any person, corporation, partnership or association authorized by SPONSORS (Sports Medicine Center of Annapolis, Inc., First National Bank of Maryland, Katcof Brothers and Anheuser-Bush Inc., the City of Annapolis, Lowes Annapolis Hotel, Anne Arundel County Recreation and Parks, Snow Valley, Nationwide Insurance, and The Annapolis Publishing Company/Women's Yellow Pages).

I further understand and agree that the involvement of Anheuser-Bush Inc. and Katcof Brothers Inc. in the EVENT are for purely advertising purposes only and that they have no involvement in the course set-up or the running or safety features of the race.

I warrant the PARTICIPANT is in good health and has no physical condition that would prevent PARTICIPANT from participating in the EVENT.

I HAVE READ AND UNDERSTAND THIS WAIVER AND RELEASE AND SIGN IT VOLUNTARILY.

Signature of entrant: _____ (ENTRANT'S SIGNATURE REQUIRED EVEN IF ENTRANT IS UNDER 18 YEARS OF AGE.) Date: _____

Signature of parent or guardian: _____ (PARENT/GUARDIAN'S SIGNATURE REQUIRED IF ENTRANT IS UNDER 18 YEARS OF AGE.) Date: _____

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RACE INFORMATION

Distance - The Annapolis Run is a 10 mile foot race conducted by the Annapolis Striders, Inc. under the sanctioning guidelines of the Road Runners Club of America.

Place - Start and finish at Navy-Marine Corps Memorial Stadium, Annapolis, MD.

Starting Time - 7:50 AM SHARP! Sunday, August 29, 1993. Wheelchair start five minutes prior. All competitors must be at the stadium by 7:15 AM.

Course - TAC Certification #MD90009JS - Splits every mile. Water every 2 miles. Start in east parking lot of stadium; through historic downtown Annapolis into grounds of U.S. Naval Academy; along sea walls through Academy; cross Severn River; shaded country roads; rolling hills; paved surfaces; re-cross River; finish on grass at stadium.

Finish Line - Digital Clocks - Three Chutes

Men: use either right or middle chute. Women: use left chute only. Wear your number on the front. After finishing, tear off bottom tag and turn it in at end of chute.

Entry - To be entered, you must submit a complete and fully executed entry form and the correct fee to: Annapolis Run Entries, Post Office Box 6815, Annapolis, Maryland 21401-0815. Your confirmation and further instructions will be mailed around August 1st.

Maximum Entrants: 3500. No race day entries. No exchanges. Numbers are non-transferable.

Fee - \$15, if postmarked by June 30; \$20, by August 1, 1993. No entries thereafter.

Make check or money order payable to "Annapolis Run". No Cash. No Refunds.

The majority of the proceeds from the race go to the Heart Fund of Central Maryland for the children's early detection program. If you wish to contribute an additional amount beyond the entry fee, please check the appropriate box on the entry form and include it with your check or money order for the entry fee.

Gifts - The first 250 men and 50 women and each age group winner will receive the handsome 18th anniversary edition of the Annapolis Run enameled zipperpull. Each finisher will be presented with a handsome nylon sports bag.

Webbed handles, shoulder strap, zippered pockets and inner shoe pocket makes it big enough for all your stuff.

AWARDS - Ceremony 10:30 AM, Navy-Marine Corps Memorial Stadium.

Overall awards will be for 1st, 2nd, and 3rd place individuals. Age group awards will be given in 5 year increments; 1st, 2nd and 3rd, as entries warrant, for men and women.

TEAMS - Depending on the number of entries, first place (individual and team) and second place (team) awards in men's and women's Open, Masters, Military, Corporate, and Public Safety.

RECORDS

Open:	Men	Gary Siriano	48:42	1982
	Women	Eleanor Simonsick	56:12	1982
Masters:	Men	Mike Sabino	53:59	1982
		Roger Clark (tie)	53:59	1991
Wheelchair:	Women	Rose Malloy	1:00:36	1991
	Men	Kenny Carnes	37:20	1991
	Women	Brenda Smith	57:30	1991

National single age records: Norman Green (1), Hedy Marquet (1), and Ed Benham (5).

1992 Champions:

Open:	Men	Doug Mock	50:38
	Women	Nancy Beiger	58:34
Masters:	Men	Benett Beach	55:47
	Women	Rose Malloy	1:00:45
Wheelchair:	Men	Ken Archer	41:49

Acknowledgement - Naval Academy Athletic Association

REGISTRATION INFORMATION

Race Contact -

Sue Briers, Race Director, 18th Annapolis Run
Post Office Box 6815, Annapolis, Md 21401-0815;
410-721-1442 (evenings)
Annapolis Striders Hotline: 410-268-1165
Wheelchair Contact: Randy Fox, 410-956-5978
Larry Hughes, 301-596-0356

Runner's Numbers - All entrants will receive mailed confirmation. Numbers may be picked up between 10 a.m. and 3 p.m. on Saturday August 28 at the Lowes Annapolis Hotel.

Number pick-up resumes race morning at 6 a.m. at the Navy-Marine Corps Memorial Stadium. Pick-up lines close at 7:15 a.m. **DON'T BE LATE.**

Race Eve Expo and Packet Pickup - From 10 a.m. to 3 p.m. at the Lowes Annapolis Hotel, 126 West Street, Annapolis. Clothing sales, displays, Bud Light beer, popcorn, random prize drawings, Two-for-One Race Eve dinner coupons for Annapolis area restaurants. Details announced in the confirmation letter.

Hotels - Lowes Annapolis Hotel (Headquarters), 126 West Street - Discounted rooms \$75.00, double/triple/quad occupancy. Make reservations by July 29th. 1-800-526-2593.

TEAM COMPETITION

Team Entries - For more information call Bob Field, Team Competition Chair, at (202) 268-4334, 9-4, M-F.

Rules - Six people of the same gender make up a team and five score. Each team member must complete an entry form. The forms of each team member and the team roster form must be submitted together and must include the name, address, and phone number of a team captain who shall be a team member. The fee is \$100 before July 1st and \$125 thereafter. No entries after August 1, 1993. Fee must be submitted in one check.

Divisions - OPEN, MASTERS, MILITARY, CORPORATE and PUBLIC SAFETY, (i.e. police, fire, rescue), men and woman in each category. Indicate category when entries are submitted.

Awards - Team and individual team member awards will be proportional to the number of team entrants. Official results will be sent to team captains.

REMEMBER - All team entries must be mailed together with one check.

MAIL TO - Annapolis Run - Team Entries

Post Office Box 6815

Annapolis, Maryland 21401-0815