



of Annapolis Mall
& Columbia Mall



Recreation and Parks Dept.



NATIONWIDE
Insurance
Nationwide is on your side



Exceed
SPORTS NUTRITIONAL SYSTEM



CONTRIBUTING SPONSORS:

"TCBY"

The Country's Best Yogurt
of Annapolis Mall

Annapolis Striders, Inc.
16th Annapolis Run
Post Office Box 6815
Annapolis, Maryland 21401-0815

Non-Profit Organization

BULK RATE
U.S. POSTAGE
PAID
PERMIT 526
ANNAPOLIS, MD



16th Annapolis Run

Principally Sponsored by Bud Light

SUNDAY, AUGUST 25, 1991 - 7:45 AM



Maryland's Premier 10-Mile Road Race

DID YOU REMEMBER

- TO COMPLETE EACH ITEM LEGIBLY?
- TO READ AND SIGN THE RELEASE ON THE ENTRY FORM?
- TO INCLUDE THE CORRECT FEE?
- TO MAIL EARLY SINCE THIS RACE CLOSURES OUT EVERY YEAR?

TEAM CAPTAIN	LAST NAME	FIRST NAME	MI	GENDER	AGE
MEMBER #2	LAST NAME	FIRST NAME	MI	GENDER	AGE
MEMBER #3	LAST NAME	FIRST NAME	MI	GENDER	AGE
MEMBER #4	LAST NAME	FIRST NAME	MI	GENDER	AGE
MEMBER #5	LAST NAME	FIRST NAME	MI	GENDER	AGE
MEMBER #6	LAST NAME	FIRST NAME	MI	GENDER	AGE

TEAM NAME: _____

GENDER (Please Check One): M F

DIVISION (Please Check One): OPEN MASTERS MILITARY RRCA CORPORATE PUBLIC SAFETY

Team Roster Form - 1991

Official Use

Entry Form - 1991

Registration

Send \$15 entry fee if postmarked by June 30; \$18 by August 1. Do not mail after August 1. Check or money order must be included for this form to be processed. No cash. No refunds.

No Post Entries or Unofficial Runners

Please make check or money order payable to:
Annapolis Run

Please mail to:
Annapolis Striders, Inc., Annapolis Run Entries,
Post Office Box 6815, Annapolis, MD 21401-0815

PHOTO COPIES ACCEPTABLE - TYPE OR PRINT ALL ITEMS - ILLEGIBLE ENTRIES WILL NOT BE PROCESSED

LAST NAME	FIRST NAME	MI	YES	I want to support the Heart Fund. I have included an extra \$_____ to be earmarked for the children's early detection program.
ADDRESS (where you will be on August 1st)	CITY	STATE	ZIP	
TELEPHONE	BIRTHDATE	AGE ON RACE DAY	GENDER	WHEELCHAIR? YES
WIND PANTS SIZE	PREDICTED TIME	MONTH	DAY	YEAR
(MEN'S SIZING)	HOURS	MINUTES	SECONDS	IS THIS A TEAM ENTRY? If yes, all forms must be mailed together and captain must complete the attached team roster form.
S M L XL	YES	NO	TEAM NAME	ARE YOU AN ANNAPOLIS STRIDER? YES NO
			(AS IT APPEARS ON TEAM ROSTER)	

WAIVER AND RELEASE: For good and valuable consideration, including PARTICIPANT'S being permitted to participate in the ANNAPOLIS TEN MILE RUN ("EVENT") to be held in and about Annapolis on Sunday, August 25, 1991, I, the undersigned participant ("PARTICIPANT") and I, the undersigned parent or guardian ("PARENT OR GUARDIAN") (where applicable), for myself, my successors, heirs, assigns, executors and administrators forever release and discharge Anheuser-Bush Inc., Katcef Brothers Inc., Annapolis Striders, Inc., the City of Annapolis, and any other political subdivision, entity or organization on whose property any part of the Event is being conducted, and also any other sponsors and all affiliates, subsidiaries, corporate parents, officers, directors, partners, employees, servants and agents of Anheuser-Bush Inc., Katcef Brothers Inc., Annapolis Striders, Inc., and any other sponsors (hereinafter individually and collectively in all combinations referred to as "SPONSORS") from all claims, causes of action, costs and judgments that I now or hereafter may have or claim to have against SPONSORS for personal injuries, including death, damage to property, real or personal, caused by or arising out of PARTICIPANT'S involvement in the EVENT.

I further agree to and do hereby assume any and all risks of personal injuries to PARTICIPANT, including death, and damages to PARTICIPANT'S property, real or personal, caused by or arising out of PARTICIPANT'S involvement in the EVENT.

I further agree for myself, my successors, heirs, assigns, executors and administrators to indemnify and hold SPONSORS harmless from all claims and suits for personal injuries, including death, and damages to property, real and personal, caused by PARTICIPANT'S act or omission and arising out of PARTICIPANT'S involvement in the EVENT, and from all judgements and costs recovered in said claims and suits and from all expenses incurred in defending said claims or suits.

I further agree that PARTICIPANT'S photographs, pictures, slides and movies taken or made by SPONSORS in connection with PARTICIPANT'S involvement in the EVENT, or any REPRODUCTION of the same, as well as PARTICIPANT'S name, may in any manner be used by SPONSORS, or by any person, corporation, partnership or association authorized by SPONSORS (Sports Medicine Center of Annapolis, Inc., First National Bank of Maryland, Katcef Brothers and Anheuser-Bush Inc., Annapolis Ramada, The Athlete's Foot, the City of Annapolis, Anne Arundel County Recreation and Parks, EXCEED, Snow Valley, Nationwide Insurance and TCBY.)

I further understand and agree that the involvement of Anheuser-Bush Inc. and Katcef Brothers Inc. in the EVENT are for purely advertising purposes only and that they have no involvement in the course set-up or the running or safety features of the race.

I warrant that PARTICIPANT is in good health and has no physical condition that would prevent PARTICIPANT from participating in the EVENT.

I HAVE READ AND UNDERSTAND THIS WAIVER AND RELEASE AND SIGN IT VOLUNTARILY.

Signature of entrant: _____ Date: _____
(Entrant's signature required even if entrant is under 18 years of age.)

Signature of parent or guardian: _____ Date: _____
(Parent's signature required if entrant is under 18 years of age.)

CUT HERE

Race Information

Distance - The Annapolis Run is a 10 mile foot race conducted by the Annapolis Striders, Inc. under the sanctioning guidelines of the Road Runners Club of America.

Place - Start and finish at Navy-Marine Corps Memorial Stadium, Annapolis, MD.

Starting Time - 7:45 AM SHARP! Sunday, August 25, 1991. Wheelchair start five minutes prior. All competitors must be at the stadium by 7:15 AM.

Course - TAC Certification #MD90009JS - Splits every mile. Water every 2 1/2 miles. Start in east parking lot of stadium; through historic downtown Annapolis into grounds of U.S. Naval Academy; along sea walls through Academy; cross Severn River; shaded country roads; rolling hills; paved surfaces; re-cross River; finish on grass at stadium.

Finish Line - Digital Clocks - Three Chutes

Men: use either right or middle chute. Women: use left chute only. Wear your number on the front. After finishing, tear off bottom tag and turn it in at end of chute.

Entry - To be entered, you must submit a complete and fully executed entry form and the correct fee to: Annapolis Run Entries, Post Office Box 6815, Annapolis, Maryland 21401-0815. Your confirmation and further instructions will be mailed around August 1st.

Maximum Entrants: 3500. No race day entries. No exchanges. Numbers are non-transferable.

Fee - \$15, if postmarked by June 30; \$18, by August 1, 1991. No entries thereafter. Make check or money order payable to "Annapolis Run." No Cash. No Refunds.

The majority of the proceeds from the race go to the Heart Fund of Central Maryland for the children's early detection program. If you wish to contribute an additional amount beyond the entry fee, please check the appropriate box on the entry form and include it with your check or money order for the entry fee.

Gifts - The first 250 men and 50 women and each age group winner will receive the handsome 16th anniversary edition of the Annapolis Run enameled lapel pin. Each finisher will be presented with a handsome pair of nylon SUPPLEX wind pants. Specially ordered in navy blue with contrasting color pocket, this premium offers elastic waist with drawcord, 2 slash pockets, and 12" leg zippers.

Awards - Ceremony: 9:45 AM, Navy-Marine Corps Memorial Stadium

AGE DIVISIONS	MEN	WOMEN
under 14	1	1
14 - 19	1 - 3	1 - 3
OPEN	1 - 25	1 - 10
40 - 44	1 - 3	1 - 3
45 - 49	1 - 3	1 - 2
50 - 54	1 - 3	1 - 2
55 - 59	1 - 3	1
60 - 69	1 - 3	1
70 and over	1 - 2	1
WHEELCHAIR	1 - 2	1

TEAMS - Depending on the number of entries, first place (individual and team) and second place (team) awards in men's and women's Open, Masters, RRCA, Military, Corporate, and Public Safety.

Records

Open:	Men	Gary Siriano	48:42	1982
	Women	Eleanor Simonsick	56:12	1982
Masters:	Men	Mike Sabino	53:59	1982
	Women	Rose Malloy	1:00:40	1990
Wheelchair:	Men	Ken Carnes	39:23	1990
	Women	Brenda Smith	1:02:15	1990

National single age records: Norman Green (1) and Ed Benham (4).

1990 Champions:

Open:	Men	Jim Hage	51:21
	Women	Rose Malloy	1:00:40
Masters:	Men	Anthony Grier	54:26
	Women	Rose Malloy	1:00:40
Wheelchair:	Men	Ken Carnes	39:23
	Women	Brenda Smith	1:02:15

Acknowledgement - Naval Academy Athletic Association

Registration Information

Race Contact -

Evan Thomas, Race Director, 16th Annapolis Run
Post Office Box 6815, Annapolis, Maryland 21401-0815
301-760-9188 (evenings)
Annapolis Striders Hotline: 301-268-1165
Wheelchair Contact: Randy Fox 301-956-5978
Larry Hughes 301-596-0356

Runner's Numbers - All entrants will receive mailed confirmation. Numbers may be picked up between 3 p.m. and 7 p.m. on Saturday, August 24th at the Annapolis Ramada. Number pick-up resumes race morning at 6 a.m. at the Navy-Marine Corps Memorial Stadium. Pick-up lines close at 7:15 a.m. **DON'T BE LATE.**

Race Eve Expo and Spaghetti Dinner - From 3 p.m. to 8 p.m. at the Annapolis Ramada Inn, Routes 50 & 450 near Annapolis Mall. Clothing sales, displays, Bud Light beer, popcorn, random prize drawings. Details announced in the confirmation letter.

Hotel - Annapolis Ramada Inn, 173 Jennifer Road - Discounted rooms \$70.00, double/triple/quad occupancy. Make reservations by August 6th. 1-800-351-9209 / 1-301-266-3131.

Seeded Runner Status - The top 20 men, top 10 women and each age group winner from 1990 receive free entry in 1991.

Open Men's qualifying time is 54 minutes and Open Women's time is 64 minutes. Qualifying times in age groups are proportionally higher. Runners who feel they qualify for seeded runner status should send credentials to the race address, indicating on the envelope and on the entry form that the application is a "Seeded Runner Request."

Team Competition

Team Entries - For more information call Bill Conroy, Team Competition Chair, at 301-721-9327 between 6 p.m. and 9 p.m.

Rules - Six people of the same gender make up a team and five score. Each team member must complete an entry form. The forms of each team member and the team roster form must be submitted together and must include the name, address, and phone number of a *team captain* who shall be a team member. If a team member submits a paid, individual entry, the fee cannot be credited or refunded. The fee is \$100 before July 1st and \$125 thereafter. No entries after August 1, 1991. Fee *must* be submitted in one check.

Divisions - OPEN, MASTERS, MILITARY and CORPORATE (men and women in each category). New this year: PUBLIC SAFETY, i.e., police, fire, rescue (men and women). Indicate category when entries are submitted.

Awards - Team and individual team member awards will be proportional to the number of team entrants. Official results will be sent to team captains.

REMEMBER - All team entries must be mailed together with one check.

MAIL TO - Annapolis Run - Team Entries
Post Office Box 6815
Annapolis, Maryland 21401-0815