Enc 10

3rd ANNUAL ANNAPOLIS 10 MILE RUN

SUNDAY AUGUST 27,1978 7:30a.m.

SPONSORED BY THE ANNAPOLIS RACQUET CLUB

PRESENTED BY THE SEVERNA PARK FUNRUNNERS
FOR THE BENEFIT OF THE AMERICAN HEART ASSC.

PLACE: Severna Park High School-Evergreen and Robinson Roads, Severna Park, Maryland.

DIRECTIONS: South from the Washington area take route #3 to Benfield Blvd., east 4 miles to high school. North from Baltimore area take route #2 to Robinson Road, south 1 mile to high school.

TIME: Race day-late registration..... 6:30 to 7:15 a.m.
Race starts..... 7:30 a.m.
Refreshments and ceremony..... Finish of race

Transportation provided back to high school at finish of race if needed.

Make checks payable to AMERICAN HEART ASSOCIATION.

ENTRY: $5.00 Individual fee postmarked by midnight, August 21st. Includes T-shirt. Refreshments.
$7.00 After deadline Entry fee on race day. No team entry fee, all team members must be individually entered. Entry fee is tax deductable.

T-shirts to all finishers, but will be guaranteed to all pre-entered runners at the finish of race, others to be mailed.

COURSE: 10 mile scenic rolling hills starting at Severna Park High School and finishing at the Navy, Marine Stadium.

Split times given at 3, 5, 7.
Water and gatorade at five mile mark.

Please print your entry information clearly and boldly.

ATHLETE'S NAME: _____
(Last) (First)

STREET ADDRESS: _____

CITY: _____ STATE _____ Zip _____

Shirt size: ☐Small ☐Medium ☐Large ☐XL
(Shrinkage only approximately 2%)

Age _____ Sex: ☐F ☐M

RETURN TO: Severna Park Funrunners
306 Avondale Circle
Severna Park, Md. 21146

In consideration of the acceptance of this entry to the Annapolis 10-Miler I waive all claims for myself, my heirs, and assigns against the Annapolis 10-Miler sponsors or promoters for injury or illness which may result from my participation. I further state that I am in proper physical condition to compete in this race, and I am an amateur runner.

_____ Date _____
Signature of Runner

_____ Date _____
Signature of Parent (if under 18)

For Official Use Only:
Race Number Assigned _____