

## Seventh annual Annapolis 10-Mile Run

# Runners preparing for tomorrow's event

By **JOE GROSS**  
Associate Sports Editor

This evening the Department of Natural Resources cafeteria will be flooded with spaghetti, but in rather short order much of that pasta will be starting to transform itself to energy for more than 2,000 persons attending the 10-Mile Run Eve all-you-can-eat gathering.

The spaghetti dinner has become a regular part of the festivities associated with the Annapolis 10-Mile Run, which will begin tomorrow when Mayor Richard L. Hillman fires the starting gun at precisely 7:30 a.m. Hillman, a better than average runner himself, will then hand the starter's pistol to a race official and take his place in the pack of the expected 2,745 runners.

The run, which has this year been named the Maryland State Championship event by the Roadrunners Club of America, gets under way on the east side of

Navy-Marine Corps Memorial Stadium and special parking regulations will be in effect in the area surrounding the stadium (See map at below right) to maintain the safety of the runners and those who will be in the area as spectators.

Registration for the runners will begin at 5 o'clock this evening at the DNR building and will continue until 10 p.m. Those missing that time will have to register — there will be no runners accepted for the race today or tomorrow with only those already entered doing the registration — between 6:15 and 7:15 tomorrow morning.

Spectators attempting to get views of the runners from various points in the race are reminded that some streets and areas along the course will be closed to traffic and you could be held up at such stoppages. The stadium will be open for spectators, but all are asked to

remain in the stands and to keep off the football field which is in the process of being prepared for Navy's football opening game on Sept. 11.

Runners will also leave the bowl immediately after finishing and will be made to make the grueling — especially after running 10 miles — up the long stairway to the right of the finish area. Refreshments and rest will be available to the runners in the area beneath the west stands.

All finishers of the run will receive sharp red windbreakers and virtually everyone who enters wants to get that prize, if only to show they have run and finished one of the best 10-mile courses in the east. Also, the top 200 finishers will receive Annapolis Run lapel pins.

At approximately 9:45 the post-race awards ceremo-

ny will be held in the stadium with the top three runners in each of the age groups receiving plaques for their effort.

Gary Siriano, from Pittsburgh, will be running in an attempt to break the course record he established last year, the first time the present course was run, of 48:59.

Although there is no official team competition, numerous teams have entered and will be competing against each other. Siriano, for instance, represents the Nike team, which has its own match set up within the structure of the race against the rival Washington Road Runners.

The event is sponsored by The Annapolis Striders with much assistance from Miller Lite and Chesapeake Distributors, First National Bank of Maryland and Paul Albright's local Nike distributorship.

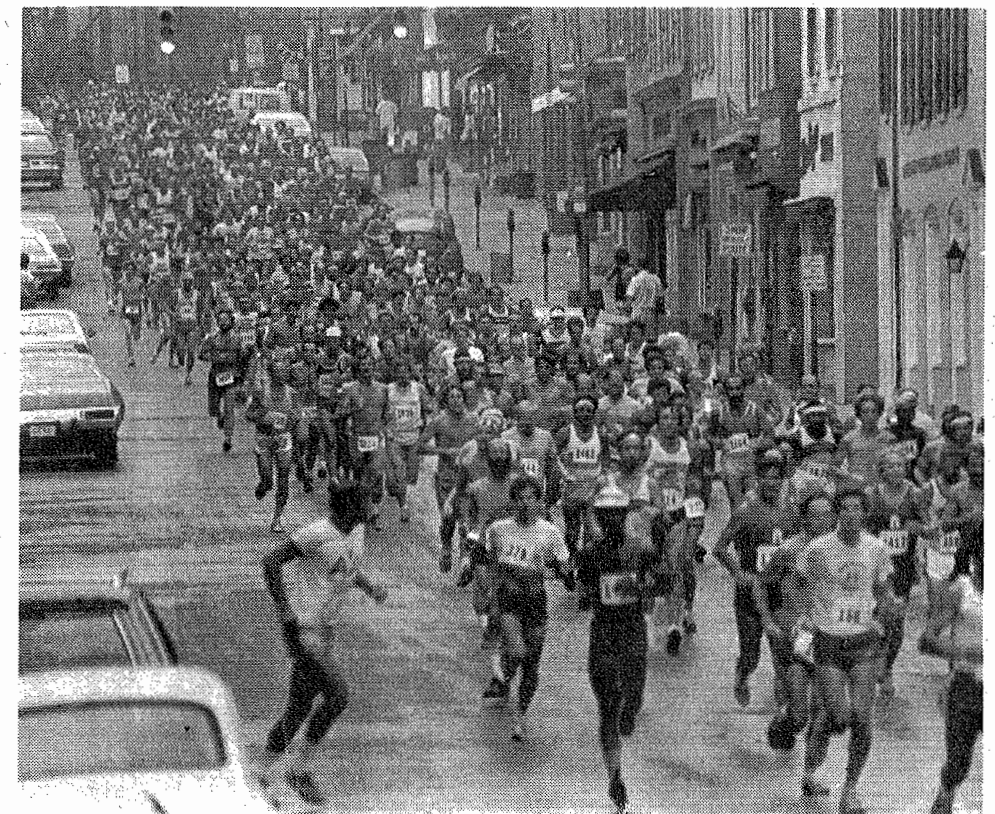
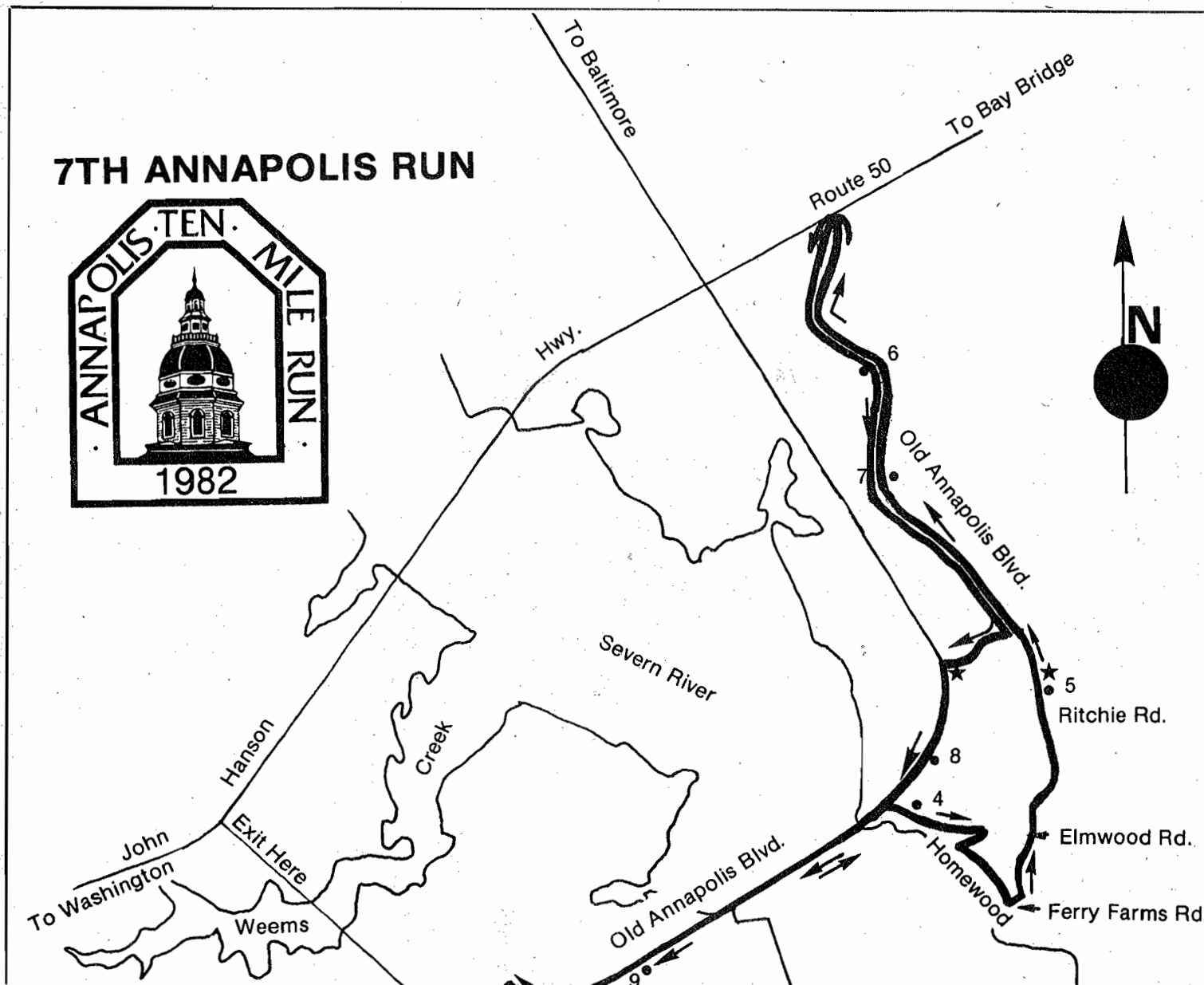
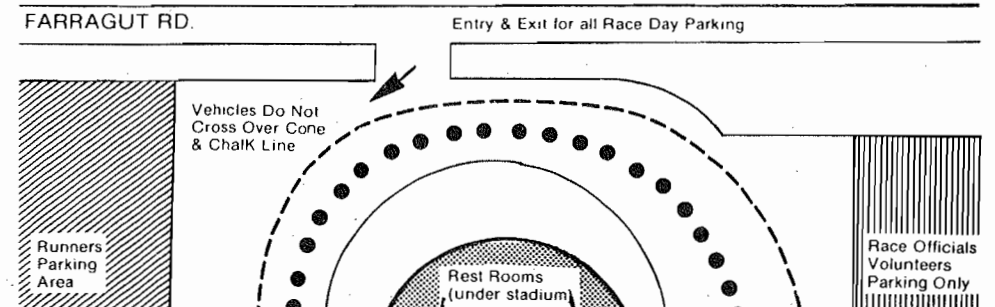


Photo by Stephanie Gross-Harvey  
**LAST YEAR**, for the first time, the course of the race brought the runners through downtown Annapolis. The same course will be run this year.



# 7TH ANNAPOLIS RUN

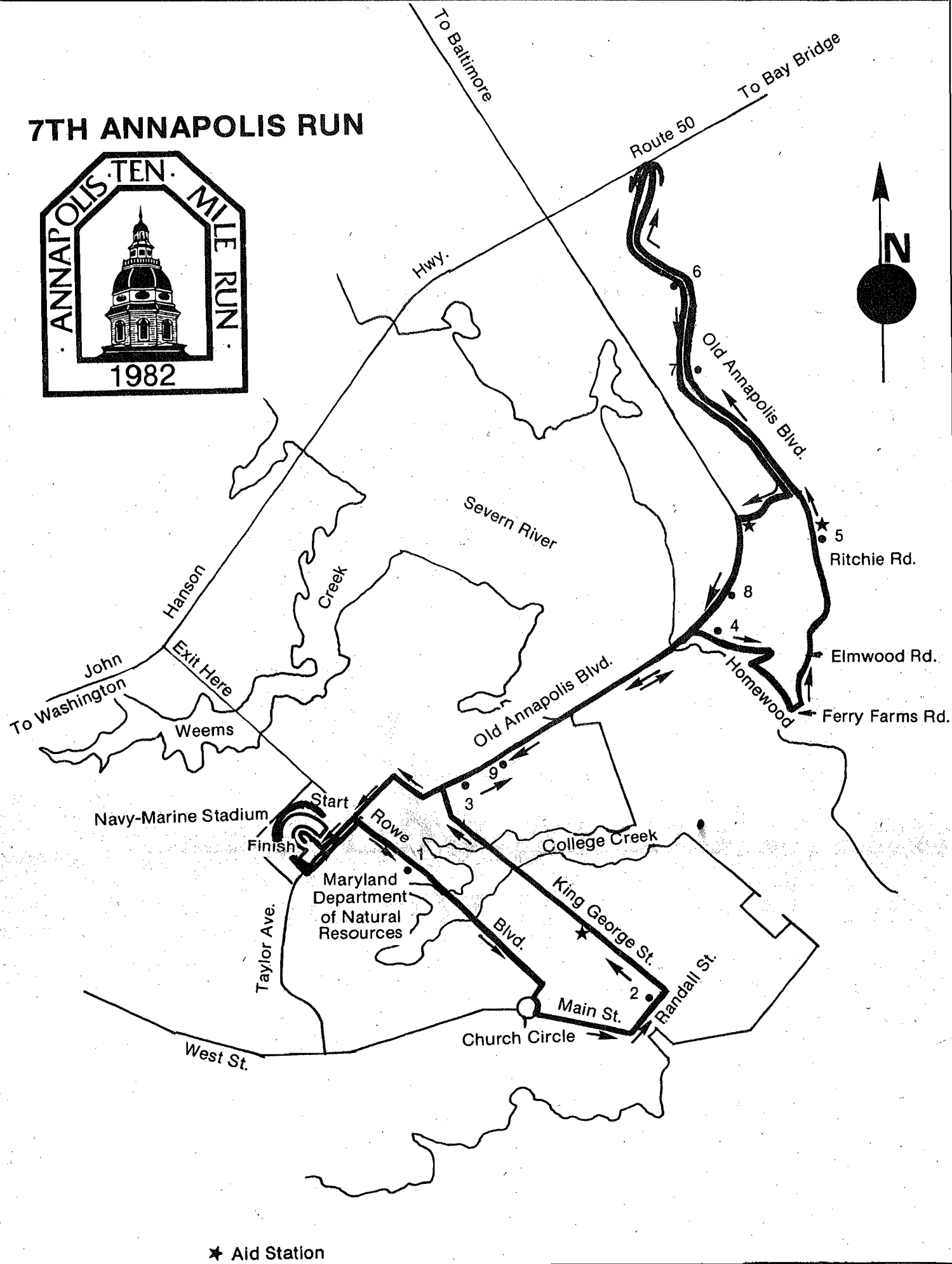


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