

# The Capital Sports

C  
SATURDAY  
Aug. 26, 1995

- Baseball
- NFL
- Golf
- College football

## City's 10-mile race has modest origins

By JOE GROSS  
Sports Editor

During the last week Phyllis and Buddy Beardmore sat in their Severna Park home looking at some 20-year-old pictures. They got some good laughs as they reminisced about the events that gave birth to what has become known as the Annapolis 10-Mile Run.

Phyllis Beardmore was one of the field of seven who ran 10 miles — from a parking lot at Cypress Creek Road, down Ritchie Highway, across the old Severn River drawbridge and to the City Dock — on the last Sunday in August of 1975. Husband Buddy drove almost alongside the group, making several stops to jump out and take pictures — the same ones

the couple brought out of storage for their recent nostalgia trip.

Memories of that 1975 run are stirred each year as the Annapolis 10-Mile Run approaches. The event that started with seven participants will be run for the 20th time tomorrow morning when 4,000 runners will take off at 7:30 a.m. outside the Navy-Marine Corps Memorial Stadium.

"We never thought about what we were starting, but that run really boosted our self esteem," Phyllis Beardmore said. "Running those 10 miles was like running 100 miles to us."

"Nobody was doing anything like that back then, especially not on a whim, the way we

Course map/Page C3

did. People who did run any distance like that trained a great deal before they did it," she added.

The oft-told story of how three men challenged four women aerobics teachers at a Saturday night cocktail party is a classic. The women said the aerobics put them in better condition than the men, who jogged to stay fit. Randy Fox, one of the organizers of the Annapolis Striders club that now runs the huge event, issued the challenge to run 10 miles the next morning, then went looking for people to make the run.

Fox, now-state senator John Astle and former Annapolis resident Bart Rohrbach were the male standard-bearers, while Beardmore, her neighbor Donna Jay, friend Bonnie Phillips and Randy Fox's wife Debbie took up the challenge for the women.

"It really is amazing what has evolved from that challenge," said Astle, who will run tomorrow as he has in every run since that first whimsical challenge. "It's amazing to think that we started what has become one of the finest footraces in the east."

Unlike Astle, who assures that he will run the race as long as he is physically able, Beardmore no longer participates. She says the only jogging she does now is to and from

the local Dunkin' Donuts, a distance of about three miles. She rollerblades and participates in the Anne Arundel Community College-sponsored triathlon, but she stopped running the 10-miler after the first four or five.

"We all met at the City Dock and set that as the finish line," Astle recalled. "Then we set the odometer and drove up Ritchie Highway till it hit 10 miles. We found a parking lot, got out of the car and almost right way, started running."

Nobody bothered to check their watch for the time at the start and maybe because of the time of day or their inexperience, nobody (See RACE, Page C3)



Redskins' running back Reggie Brooks stretches the ball out over the goal line for a first-half touchdown, the first of the pre-season for the first-team offense.

## Redskins are sent packing But Shuler leads TD drive

GREEN BAY, Wis. (AP) — Even with fullback Edgar Bennett lasting just three plays, the Green Bay Packers finally unleashed their ground game against the Washington Redskins last night.

Dorsey Levens scored on a pair of 5-yard runs and caught a 1-yard touchdown pass in the Packers' 35-23 victory at Lambeau Field.

The Packers (3-1) gained 233 yards on the ground, didn't fumble for the first time in the preseason and got three rushing touchdowns in the third period to take control.

Marcus Wilson, who gained 72 yards on eight carries, and rookie Travis Jervey each had 1-yard TD runs against Redskins reserves after Levens' 5-yard touchdown gave Green Bay a 21-17 lead 2:35 into the second half.

Levens, a second-year pro out of Georgia Tech who reached the end zone just once last year, got 34 yards on eight carries. He did the bulk of the

Packers' running because Bennett twisted an ankle on Green Bay's first possession and rookie William Henderson and LeShon Johnson sat out with knee injuries.

Behind second-year quarterback Heath Shuler, the Redskins' first-string offense finally scored its first touchdown of the preseason. Reggie Brooks ran it in from the 4 with 26 seconds left in the first half, giving Washington a 17-14 lead.

The Redskins (1-9) also scored on cornerback Tom Carter's 72-yard interception return and Eddie Murray's 29-yard field goal in the first half.

The Packers wanted to establish their running game with left tackle Ken Ruetiggers (ribs) and Bennett (shin) playing together for the first time since the first quarter of the first exhibition.

Both were hurt again on the Packers' first possession and never returned. Bennett twisted an ankle on Green (See 'SKINS, Page C3)

## Some AL pitchers are nervous about pitching Ripken inside

By BEN WALKER  
AP Baseball Writer

Roger Clemens was nervous and Dennis Eckersley is apprehensive. Randy Johnson and Mark Langston aren't worried — yet.

Here's the dilemma a lot of hard throwers are facing: With Cal Ripken closing in on one of baseball's most hallowed records, how close can you pitch him?

"I'd pitch him inside, but you don't want to drill him," Eckersley said. "When you're out there, you don't want to think about it — but I'm sure it's there in the back of your mind. It has to be."

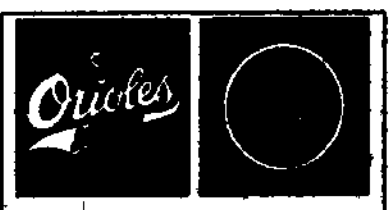
"Especially with a retaliation situation. What if somebody drills our shortstop? You can't drill him," the Oakland reliever said.

Clemens got into a brushback duel with the California Angels this week. But the Boston ace predicted no pitcher would come anywhere close to hitting Ripken and ending his consecutive games streak just short of Lon Gehrig's record of 2,130.

"I think within 10 days, you're going to see a lot of balls middle-away. I don't think they're going to even attempt to come in," he said. "I would be real surprised if he sees anything inside right now."

"I'm glad my start is out of the way. I

### O'S PERCH



When Tonight, 10:05  
Where: Anaheim Stadium  
Orioles starter Kevin Brown (5-3)  
Angels starter Brian Anderson (6-5)  
TV: 54, 50  
Radio: 1090 AM, 1430 AM  
 Orioles: Last night, the Orioles led 4-0 after three innings, thanks to an RBI double by Bobby Bonilla and Rafael Palmeiro's two-run homer.

mean, if he was on my mind three starts ago, then these pitchers who are facing him now have got to have a great deal of sense of that as long as it's close," Clemens said.

Ripken is scheduled to break Gehrig's mark on Sept. 6 in Baltimore against the Angels. Between now and then, he will face California, Oakland and Seattle.

Ripken has been hit by a pitch twice this season. He's been hit 45 times during his career, but only once did it knock him out of the lineup. In May 1982, less than four weeks before the streak began, he was beamed by Mike

Moore and missed one game.

"I've noticed that everyone else is starting to think about this injury thing, and the more questions come up about pitchers pitching inside," Ripken said Thursday before playing against the Angels in game No. 2,119. "I'm the last person to think about that, and I would hope that the pitchers on the mound and the people playing the game are the last people thinking about it."

"I mean, in the heat of the game or the heat of the moment, if it's a tie game in the seventh inning and you need to get out of that jam — and we had Randy Johnson pitching against us the other night — I guarantee you that doesn't go through Randy Johnson's mind or Roger Clemens' mind."

Well, maybe not Johnson, anyway. Johnson, the most intimidating pitcher in baseball, beamed Jim Leyritz of the Yankees earlier this season. But the Seattle strikeout king said he wasn't concerned about a recurrence when he faced Ripken a few days ago.

"No. It never crossed my mind," he said. "Obviously, I wouldn't want to be the person who injured him being so close to breaking the record. But I'm not going to groove a ball right over the middle of the plate. I don't think he'd (See RIPKEN, Page C3)

### SPORTS ON TV

- TODAY
- COLLEGE FOOTBALL  
Virginia at Michigan  
Noon 2, 7
- TENNIS  
Genovese Hamlet Cup  
1 p.m. HTS
- NFL EXHIBITION  
Chiefs at Vikings  
1:30 p.m. 4, 11  
Seahawks at 49ers  
8 p.m. 5, 45
- GOLF  
U.S. Amateur championships  
2 p.m. ESPN  
World Series of Golf  
4 p.m. 9, 13  
Bank of Boston Senior Classic  
5:30 p.m. ESPN
- MAJOR LEAGUE BASEBALL  
Braves at Cubs  
2:15 p.m. TBS  
Padres at Mets  
7 p.m. WOR  
Orioles at Angels  
10 p.m. 50, 54
- AMATEUR BASEBALL  
Little League World Series  
3:30 p.m. 2, 7
- HORSE RACING  
Saratoga Cup  
4:30 p.m. ESPN
- AUTO RACING  
NASCAR Goody's 500  
7:30 p.m. ESPN
- BOXING  
Pernell Whitaker (35-1-1) vs. Gary Jacobs (41-5)  
10 p.m. HBO

## Wilson's mired in the minors

### Waiting for big-league chance

By BILL WAGNER  
Staff Writer

Annapolis native Craig Wilson is a professional baseball player mired in the minor leagues.

He has proven major league ability, but is three years removed from his last appearance at that level. He's a call away from returning to "The Show" but knows the phone may never ring. He only needs one team to give him a chance, but he's with his fourth organization in four years.

Wilson, 30, will soon complete his third consecutive full season at the Triple-A level. He's dangerously close to being labeled a permanent Triple-A fill-in, but still holds out hope he'll somehow make it back to the majors.

This season, Wilson is with Toledo, the Detroit Tigers' Triple-A affiliate in the International League. He has started 114 games, primarily at third base, playing superb defense and putting up solid offensive numbers.

As of Wednesday Wilson was hitting .264 (116 of 440) with eight homers, 29



CRAIG WILSON

doubles, 61 RBI and 63 runs scored. Wilson started slow, but boosted his numbers by hitting .371 with 20 RBI in 16 games from July 13-28.

"Craig has been one of our steady" (See WILSON, Page C3)

## Trenton thunders past Baysox in 11-0 rout

By BILL WAGNER  
Staff Writer

BOWIE — Ryan McGuire is in the midst of a hot streak. It's probably because he's been facing the Bowie Baysox.

The Trenton leftfielder has feasted on Baysox pitching all season and last night was no different. McGuire went 5 for 6 with a pair of doubles, four RBI and two runs scored to lead Trenton to an 11-0 victory over Bowie before a crowd of 11,157 at Prince George's Stadium.

McGuire is now 10 for 15 with five doubles and eight RBI in his last four games, three of which have come against Bowie. The smooth left-handed swinger is now hitting .431 (28 of 65) with 18 RBI against the Baysox this season.

McGuire, who is vying for the Eastern

League batting title, is now hitting .346 on the season. Jay Payton hit .345 for Binghamton before being promoted to Triple-A.

"The past three nights I haven't hit the ball real well, I've just been finding some holes," said McGuire, whose five hits tied a Baysox record set earlier this season by Ron Mahay.

McGuire had no explanation for why he's hit so well against Bowie.

"Just dumb luck I guess," said McGuire, who now has a franchise record 28 doubles. "They seem to always pitch me away. I've just been going with the pitches and driving the ball a bit."

The victory kept the second-place Thunder (66-65) within a half-game of Reading in the Eastern League's Southern Division. Third-

place Bowie (64-68) fell 3 1/2 games behind Trenton and four games behind Reading, but stayed a half game ahead of Canton-Akron in the four-team battle for the division's two playoff spots.

Trenton took a 1-0 lead in the first inning as leadoff hitter Nomar Garciaparra singled, stole second and scored on a McGuire double. Garciaparra now has 38 stolen bases this season.

The Thunder added four more runs in the second inning, helped by a pair of walks and an error by Bowie third baseman Scott McClain. McGuire delivered the key blow, an opposite-field double that delivered three runs.

That was more than enough for Trenton starter Brett Cederblad, who pitched a complete

game three-hitter in his strongest start since being called up from Sarasota July 27. The 6-foot-5 right-hander from the Gold Coast of Australia walked just one and struck out nine in evening his record at 2-2.

Cederblad gave up a walk and a single to open the bottom half of the first inning, but did not allow a runner to reach second base thereafter. He retired 14 straight to close the game and faced just one batter over the minimum.

"That was easily the best I've seen him pitch," Trenton manager Ken Macha said. "He established a good fastball early then mixed in a good changeup and curve. He stayed ahead of hitters all night generally pitched a great game."

Bowie starter Calvin Maduro (0-6) gave up seven runs on seven hits through four-plus innings. Only one of the runs was earned, thanks to a pair of errors and a passed ball.

Trenton blew the game wide open in the sixth inning as first baseman Todd Carey smacked a grand slam off Bowie reliever Scott Conner.

Billy Selby and McGuire led off with consecutive singles, Ben Shelton walked and Carey followed with a towering drive that sailed high into the night before barely clearing the fence in right field.

Trenton, which pounded out 16 hits and took advantage of four Bowie errors, closed out the scoring with three runs in the ninth.

