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Eighth 10-Mile Run tomorrow morning

Striders have been smart

By JOE GROSS
Associate Sports Editor

A great deal of restraint plus an abundance of common sense and logic has been necessary on the part of many members of the Annapolis Striders who have chosen not to permit their main event of each year to grow to uncontrollable proportions.

The Annapolis 10-Mile Run, while undergoing a couple of course changes during its seven-year history, has become a very stable event and one that is anticipated with pleasure each August. The eighth running of the event is tomorrow morning and approximately 2,700 runners are expected to be off and running with the sound of the starting gun at 7:30.

While the field is likely to be the largest ever, the braintrusts coordinating the event have been careful not to permit the size of the field to become too big too fast. Because of the fine direction for which the Annapolis run has become known, the number of runners, if not limited, might well be over the 5,000 mark.

Each year, as plans for the next year's run get under way, one of the first thoughts mentioned is limiting the number of runners. The membership of the Striders wisely has kept the official number of entries to 2,500, with some additions for special invitees, which accounts for the anticipated 2,700 runners.

Many successful running events have simply opened their entry lists and have as many as 15,000 runners taking part in their event. Usually these are in bigger cities or in areas that are wide open and largely free of heavy traffic and confining streets.

Another area in which the Striders have maintained amazing self-control is in just which runners are invited to participate. Many organiza-

tions with successful events try to gain recognition by inviting and paying heavily of their treasurers for "big name" runners. The philosophy of the Striders has been and is to bring in good runners, but not the nationally known international class runners who would easily defeat all opposition.

The Striders have attempted to keep their even more of a home town affair, leaving plenty of room for almost all of the local runners desiring to participate.

Knowing their own limitations has proven a plus for the Striders' members because their run has continued to be as excellent as any on the east coast. It has also been a run in which many runners, even some of the good ones who travel long distances to run here, enjoy their personal best times for the 10-mile distance.

The course has been carefully thought out to include flat areas, rolling hills and a couple of long, tiring hills. The runners get a taste of almost

all road running conditions, which most of the competitors feel is essential for a good run.

Tomorrow morning Gary Siriano, a slightly built runner from Pittsburgh, will be wearing the number "1" for the second consecutive year. Siriano, who has won each of the past two 10-milers here, will be out to break the record of 48:42.5 he established last year. That will be no easy task because of a couple of first time runners in this event who will be out to give Siriano a run for his money.

Matt Wilson and John Doub are expected to join Siriano at the head of the pack. Other runners to watch will be Charlie Sverk, who has run a 2:12 marathon and who ran the Pepsi 10K run in Washington in 29:33, and Keith Comer, like Sverk a member of the Marine Corps, who was a runaway winner in the 10K Run For The Arts held

here in June Englishman John McLaughlin, who was also expected to give Siriano a hard time, will not be running tomorrow.

Another disappointment is that women's record holder Eleanore Simonsick, clocked at 56:12 last year, will not be running because of a commitment to run in Scandinavia. Simonsick has won the women's division in each of the past two races.

The absence of Simonsick and a less-than fully prepared Marge Rosasco, another past winner who is recovering from a bout with anemia, leaves the favorite role to Sue Crowe. The latter finished third, behind the aforementioned women, last year and was second in 1981. She has been running very well recently and must be rated highly in this field.

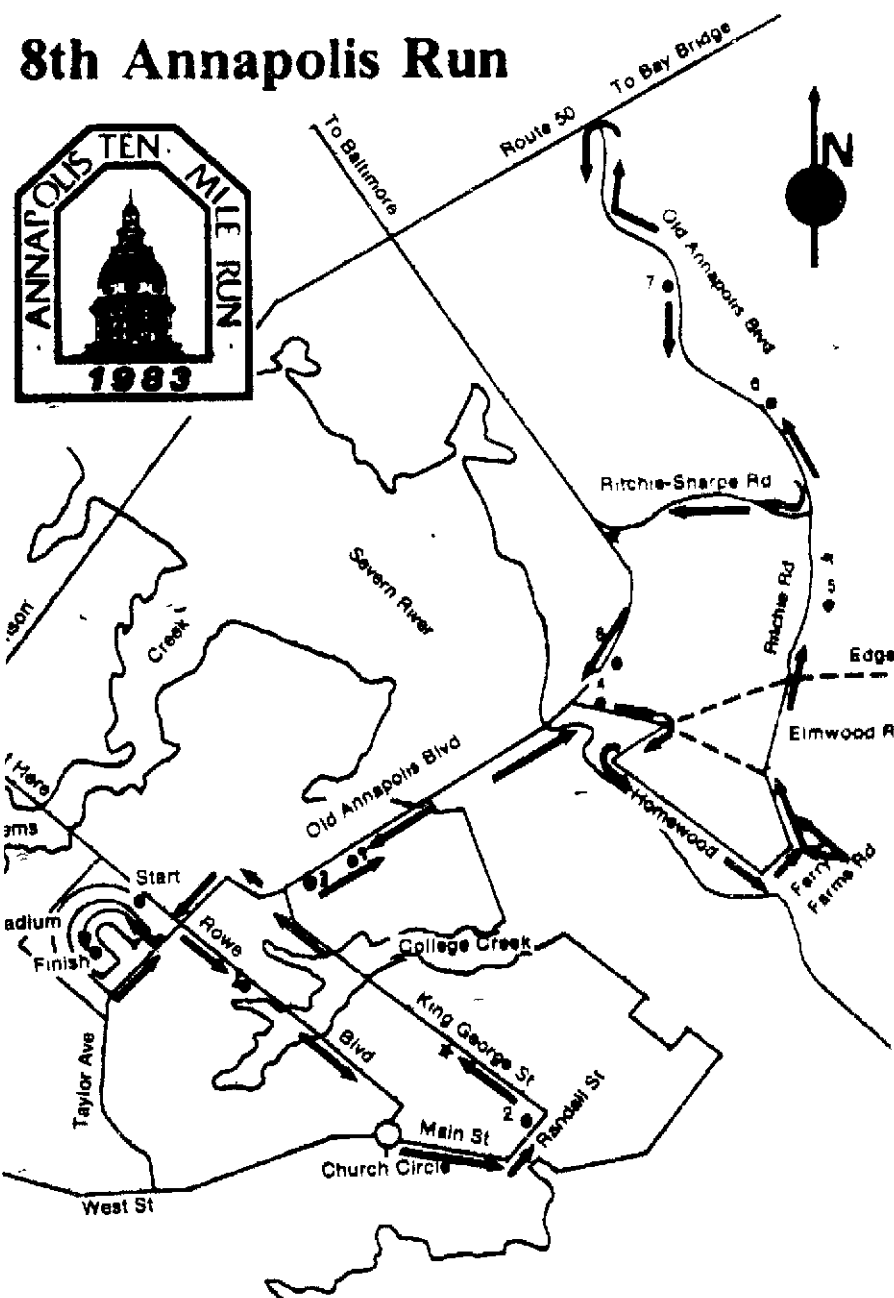
Spectators, who are asked to remain in the stands if they come to watch the finish in Navy-Marine Corps Memorial Stadium, can also look for a family battle between the McIntyres of North Carolina, who will have six family members running, and the Dammeyers of Annapolis, who will have their usual complement of five runners.

While the youngest runner is thought to be eight years of age, there are also five runners in their 70s. Among the latter group there should be a good battle between Ed Benham, the national record holder in that age group, and Virginian William Brobston.

There will be many locally known runners as well and that, as much as anything, makes this event a very fine one for Annapolis and its surrounding area.

But, maintaining that hometown flavor in a race that is so well run that competitors from all over would like to run has not been easy. It has taken a great deal of composure and common sense on the part of the sponsoring Annapolis Striders.

8th Annapolis Run



Course for Annapolis 10-Mile Run

Joe Gross



Football season

It's difficult to really believe, but football season is here.

This is the final weekend of the NFL's preseason games. Next Sunday the real season gets under way.

Even closer at hand is the spectacular start of the college football season. On Monday night, from the Meadowlands, comes the matchup of last year's national champion Penn State and Nebraska, a team the Nittany Lions beat by two points last year in one of the most thrilling college games ever played.

Pasadena's Dennis Oltman, who attended Anne Arundel Community College and was chosen their outstanding player for the Pioneers both years there, is a tri-captain for the Western Maryland College football team. Oltman will play this season as a tackle. Severna Park's Dan Flieder will be a running back on that same team.

Annapolis' Dean Packard will team with Arnold's Emily Oates in the Regional finals of the Lipton Mixed Doubles Tennis Tournament tomorrow at Perring Racquet Club in Baltimore. The regional championship team will play in Sept. at Sawgrass in Florida.

The Michelob Pro-Member Golf Tournament will be played this coming Wednesday at the Naval Academy Golf Course. Touring pro Phil Rogers will be playing in this event that gets under way at noon Wednesday.

The United States Football League Tulsa Outlaws will hold an open tryout Monday at Herring Run Park in Baltimore. The tryout session will be run by one of football's geniuses, Sid Gilman the Tulsa general manager. The camp begins at 8 a.m. Players need only shoes and light workout gear.

With the Annapolis 10-Mile Run coming up tomorrow morning, we should remember that entries are being accepted for the Severn River 15 K Run on Sept. 25. Entry blanks available by writing Severn River Run, P.O. Box 824, Annapolis 21401.

The Key School 10 K Run is scheduled for Oct. 23. Applications for this event are available by writing Ann Beach, c/o Key School, 534 Hillsmere Drive, Annapolis 21403.

In closing let me remind you of the composure of Gallus, who said: "Reason can, in general, do more than blind force."

Orioles' rookie gets 4th shutout

BALTIMORE (AP) — The Baltimore Orioles score a lot of runs behind Mike Boddicker, but the rookie pitcher usually doesn't need too many.

Boddicker, who turned 26 last Tuesday, hurled a three-hitter and took the American League lead with four shutouts as the Orioles crushed the Minnesota Twins 9-0 Friday night.

"The players have been kidding me that I'm the one that gets all the runs," Boddicker said. "I've been averaging four or five runs a game."

The Orioles, struggling at the plate for the last 19 games, ended their extended slump by supporting Boddicker with a 13-hit attack.

"We were due to come out of it," Boddicker said. "Maybe this is the turning point."

Boddicker said he told pitching coach Ray Miller before the game "that we're due to score a lot of runs over the next month."

The Orioles have had only four complete games in their last 26, and Boddicker has pitched all of them.

Al Bumby and Todd Cruz drove in three runs apiece for the Orioles, who notched their 10th victory in 13 games while snapping Minnesota's four-game winning streak.

Boddicker, 11-6, allowed one hit in each of the first three innings while hurling Baltimore's first complete game in 15 starts. One of the hits was a second-inning single by Mickey Hatcher, extending his hitting streak to 15 games.

Boddicker, who struck out five and walked two, has won seven of his last nine decisions and his record at Memorial Stadium this season is 9-1. He entered the game tied for the AL shutout lead with Dave Stieb, Moose Haas and Ron Gudiry.

The Orioles pinned the loss on Ken Schrom. 12-5, had had won four consecutive games and had not lost since July 17.

Bumby drove in two runs with a bases-loaded sacrifice fly in the second inning that was caught by right fielder Tom Brunansky just before he collided with center fielder Darrell Brown. Both fielders tumbled into the fence and each runner moved up two bases with Rich Dauer and Cruz scoring.

Bumby added an RBI single in the fourth when the Orioles scored twice to take a 5-0 lead and chase Schrom. Cruz had an RBI single in the fifth off Rick Lysander and a two-run single in the seventh off Mike Walters.

Tigers 4, Blue Jays 3

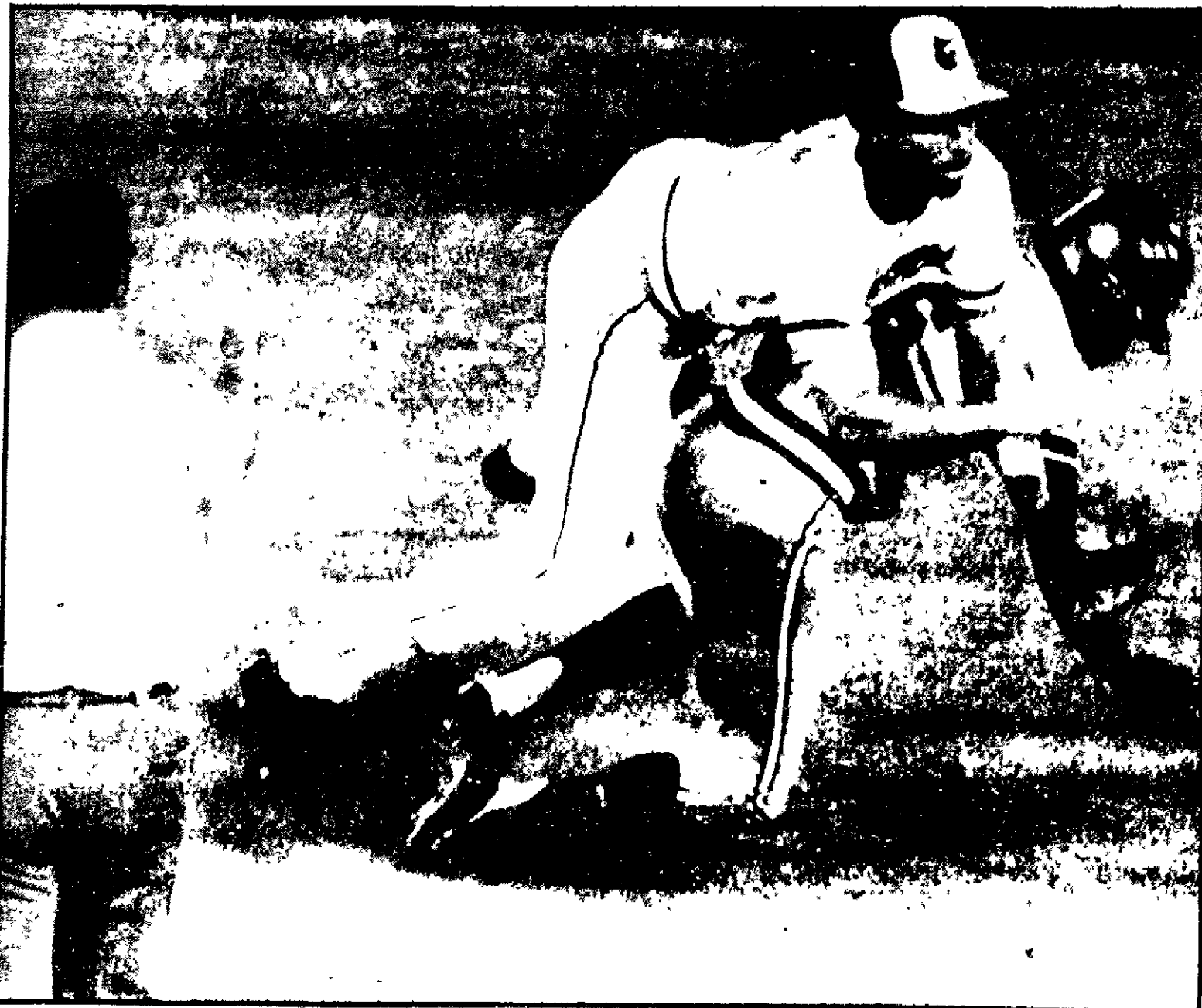
Alan Trammell's two-out homer in the 10th inning lifted the Detroit Tigers to victory over the Toronto Blue Jays.

Trammell's 11th homer of the season came on the first pitch from Toronto starter Jim Gott 7-11.

Aurelio Lopez 8-5 worked the last two innings in relief of starter Dan Petry and notched the victory.

Toronto took a 2-0 lead in the second inning as Garth Iorg singled and went to third on Alfredo Griffin's double. Iorg scored on Dave Collins' grounder and Rance Mulliniks singled Griffin home.

The Tigers got one of those runs back in the third when Lou Whitaker hit a two-out double and scored on Trammell's single.



UMPIRE RUSS GOETZ gives the out sign as Minnesota Twins' Ripken from completing a double play, but the Orioles rolled on to a 9-0 victory. Darrell Brown barrels through Orioles' shortstop Cal Ripken in the third inning of last night's game. The takeout slide kept

Ernie Whitt gave the Blue Jays a 3-1 lead when he belted his 11th home run leading off the fifth.

The Tigers tied it in their half of the fifth when Chet Lemon doubled and Glenn Wilson clubbed his 10th home run.

Phillies 4, Dodgers 1

Bo Diaz's two-run double in the first inning paced Philadelphia to victory over Los Angeles.

Rookie Kevin Gross 3-4 held the Dodgers to six hits in seven innings, striking out seven and walking one. The first two Dodgers reached base in the eighth, which brought on reliever Al Holland who earned his 15th save. Fernando Valenzuela 13-7 took the loss.

The Dodgers scored a run in the top of the first on Pedro Guerrero's RBI double, but the Phillies took a 2-1 lead in the bottom of the inning as Pete Rose singled, Gary Matthews doubled him to third and Diaz sent them home with his double off the base of the left-center field wall.

The Phillies added two runs in the fifth. Kevin Gross walked, Juan Samuel singled and Gross stole third. Rose was safe at first on second baseman Steve Sax's error, Gross scoring and Samuel taking third, then Samu-

el scored on Matthews' sacrifice fly.

Giants 12, Mets 1
Jeff Leonard drove in five runs, two with his 18th homer, and Joel Youngblood had four RBI to power the San Francisco Giants to a rout of the New York Mets.

Leonard was 4-for-5 and Youngblood 3-for-4, including a three-run homer in the first inning, as the Giants collected 14 hits.

Fred Breining, 8-10, scattered nine hits while striking out two and walking two. Ed Lynch 9-8 was raked for five runs over three innings. Breining lost his bid for his first major-league shutout in the seventh on Mookie Wilson's bases-loaded grounder.

Johnnie LeMaster and Max Venable singled before Youngblood hit his 12th homer of the year and second in two games. Youngblood singled in the third and scored on Leonard's homer, and the Giants made it 7-0 in the fifth on RBI singles by Darrell Evans and Leonard.

Venable had an RBI double in the seventh and Leonard's two-run single highlighted a four-run eighth.

Pirates 9, Braves 1

Tony Pena drilled a three-run homer in Pittsburgh's five-run third inning and Larry McWilliams pitched a five-hitter as the

Pirates routed the Atlanta Braves.

McWilliams, 13-4, struck out eight batters and walked two in outdueling Pasual Perez, 13-5.

Consecutive singles by Johnny Ray, Bill Madlock, Jason Thompson and Dave Parker gave the Pirates their first two runs in the big fifth before Pena homered deep into the left-field seats, his 10th of the season and second in two games.

The Pirates made it 8-1 in the fifth against reliever Donnie Moore on a two-run single by rookie Doug Frobel and Dale Berra's sacrifice fly, and Ray hit an RBI single in the eighth.

Expos 14, Padres 4
Manny Trillo drove in four runs and Tim Lincecum went 3-for-3 to pace a 15-hit Montreal attack as the Expos hammered the San Diego Padres Friday night.

Raines stole two bases to run his National League-leading total to 60. He also scored three times and drove in two runs.

Astros 1, Cubs 0

Jose Cruz drove in a run with a seventh-inning single while Houston pitcher Nolan Ryan, Vern Ruhle and Bill Dawley limited Chicago to two hits as the Astros defeated the Cubs.