

SPORTS

Annapolis Ten Mile Run fills up early

The Annapolis Ten Mile Run is already setting records, long before the first runner crosses the starting blocks. Thanks in large part to online registration, which accounted for nearly a quarter of the entries, the popular run reached its 4,000-runner capacity a week before the usual closing date of August 1.

"We closed out early, mostly because of the on-line registration," race director Ron Bowman said. "This was the first time runners could fill out an application on-line. It went really well."

The Annapolis Run, which serves as the RRCA 10-Mile Championship Run, as well as the Eastern Regional RRCA 10-Mile Championship Run, will be held on Sunday, Aug. 29, at 7:30 a.m. The course, which has not changed from last year, will start and end at the Navy-Marine Corps Memorial Stadium, looping through downtown Annapolis, the Naval Academy and the community of St.

All times, and four ambulances will be available if needed.

In recognition of the importance of adequate hydration, the premium for this year's finishers will be a water bottle holder that straps around the waist, embroidered with the Annapolis Run logo. The holder comes with a water bottle.

"A lot of people aren't used to

carrying water with them," Bowman says. "Maybe this will convince people to drink water while they run."

Although the race is closed, volunteers are still needed to help out on the course. Volunteers with cell phones will be placed on the course to help monitor the runners. Others are needed at the start and finish lines. A picnic for the volunteers will be held on Aug. 21. Call the Annapolis Striders hotline if you're interested in volunteering — (410) 268-1165 — or visit the Striders' Web site at www.anapolisstriders.org.

If you did make the entry deadline, you should receive your confirmation letter in the mail within the next week to 10 days. Packet pickup will be held at Anne Arundel Medical Center on Jennifer Road from 10 a.m. to 5 p.m. Saturday, Aug. 28. Number pickup will resume on race morning at 6 a.m. at the Navy-Marine Corps Stadium. Pick-up

lines close at 7:15 a.m., so be sure to arrive early.

For more information, call (410) 268-1165.

UPCOMING EVENTS

Aug. 8: Dog Days 8K Cross Country Run, 8 a.m. Anne Arundel Community College, Arnold (410) 721-1442

Aug. 28: 24th Annapolis Ten Mile Run, 7:50 a.m., Annapolis. Race is closed but volunteers needed. (410) 268-1165, www.anapolisstriders.org

Sept. 4: Bay County Century, 7 a.m., Rose Haven (410) 721-8990, www.tsw.org

Sept. 12: Dawson's 5 Miler, 8 a.m. Severna Park High School, Severna Park (410) 544-1516

Oct. 3: Metric Marathon, 8 a.m., Southern High School Harwood (410) 757-4331

Oct. 9: Sea Gull Century, 7 a.m., Salisbury State University, Salisbury (410) 548-2772; www.seagullcentury.org

Please send race announcements and results to Gabrielle deGroot, c/o The Capital, P.O. Box 912, Annapolis, MD 21404. Or fax them to her at (410) 280-5953.

Sports LINE

Terps secure elite recruits

Third-year coach Ron Vanderlinen continues to have early success on the recruiting trail for 2000 as two more local products have committed to play for Maryland.

James Lynch, a fullback from Dundalk, accepted a scholarship offer from the Terps yesterday. Reggie Kemp, an offensive lineman out of Northwestern-P.G., is expected to announce his verbal commitment next week.

Lynch (6-1, 250) rushed for 1,220 yards (8.1 per carry) and 11 TDs as junior Kemp (6-5, 320) is projected as an offensive tackle.

MANIA: The Maryland Mania lost to Lehigh Valley 1-0 yesterday despite 14 saves from Corey Hunter. The Mania plays at the Indiana Blast tomorrow night and then is back home at Anne Arundel Community College for a 4 p.m. game against Pittsburgh on Sunday.

HOCKEY: Dominik Hasek, 34, may be calling it quits. The Buffalo Sabres goalie, known as the Dominator, called a news conference today amid reports that he plans to retire after the 1999-00 season.

According to WKW-TV and WGR radio in Buffalo, N.Y., the 34-year-old goalie has decided to play one more season and then retire, foregoing the last two years of his contract.

NFL EXPANSION: Los Angeles wants a football team and the NFL wants to accommodate the second largest TV market in the country. But owners and commissioner Paul Tagliabue haven't committed to placing a team in the city.

Developers and representatives from Los Angeles presented a proposal that would bring a team to Los Angeles, but in the end Tagliabue chose not to sign it, despite its non-binding nature.

UCLA CASE: Nine UCLA football players will be suspended for two games each next season for using handicapped permits to get better parking spots around campus.

The players were booted by disabled activists outside as they apologized in court. The players pleaded no contest to illegally possessing state-issued handicapped placards. Each was placed on 24 months probation, must pay fines and restitution amounting to about \$1,500, and complete 200 hours of community service. Five more current and former members of the team face arraignment Aug. 25.

BASEBALL: More than a dozen major league umpires criticized their leadership for "a flawed and doomed strategy" that apparently will cost 22 umps their jobs.

TENNIS: Pete Sampras served his way out of trouble against Sebastien Lareau, emerging with a 7-6 (7-5), 6-3 victory in the second round of the Mercedes-Benz Cup.

Michael Chang, saddled with his lowest ranking in 11 years, took a step toward moving up from No. 70 with a 6-4, 6-2 victory over Guillaume Raoux.

■ Lindsay Davenport struggled to win her first match at the Bank of the West Classic, beating Chanda Rubin 6-3, 6-7 (2-7) 6-3 in the second round.

NAVY: Navy junior Sean Foster competed for the U.S. Junior National team (under 21) in Sydney, Australia from June 19-July 1 in water polo. Foster, who has been a two-year starter for the Midshipmen, scored five goals during the series.

For The Record

BASEBALL

American League

BOSTON RED SOX—Signed C Lenny Webster. Optioned RHP Kurt Bellinger to Pawtucket of the International League.

CHICAGO WHITE SOX—Signed LHP Mike Sirota to a multiyear contract.

DETROIT TIGERS—Acquired RHP Masao Kida from the 15-day disabled list. Optioned INF Jason Wood to Toledo.

TORONTO BLUE JAYS—Acquired 1B David Segui from Seattle for RHP Tom Davey and LHP Steve Sinclair.

National League

LOS ANGELES DODGERS—Optioned LHP Carlos Perez to Albuquerque and placed INF Eric Young on the 15-day disabled list retroactive to July 24. Recalled RHP Robinson Choco and LHP Jeff Kubena from Albuquerque.

MONTRÉAL EXPOS—Activated OF Orlando Merced from the 15-day disabled list. Optioned 1B OF Ryan McGuire to Ottawa.

NATIONAL FOOTBALL LEAGUE

CINCINNATI BENGALS—Agreed to terms with WR Craig Yeast.

DETROIT LIONS—Placed RB Barry Sanders on the reserve did not report list.

INDIANAPOLIS COLTS—Agreed to terms with LB Mike Peterson.

MIAMI DOLPHINS—Signed WR O.J. McDuffie to a four-year contract.

NEW ORLEANS SAINTS—Signed WR Brett Bach to a one-year contract.

PHILADELPHIA EAGLES—Agreed to terms with S Damon Moore, G Doug Brzezinski, and WR NA Brown on three-year contracts.

PITTSBURGH STEELERS—Signed WR Troy Edwards to a multiyear contract. DE Kevin Henry to a multiyear extension.

Kris Farris and S Vann Washington.

SAN FRANCISCO 49ERS—Signed WR Mark Davis. Waived WR Jim McElroy.

FITNESS



By GABRIELLE deGROOT

Margaret's, twice crossing the Naval Academy Bridge across the Severn River.

Always a challenging course, the race is made even more difficult because of the time of year it's run — late August. A runner collapsed last year from heat exhaustion and was rushed to the hospital. He later recovered.

Bowman advises this year's runners to prepare for the race by acclimating to the heat, drinking plenty of fluids and listening to their body's warning signs — including cessation of sweating, nausea, headache and dizziness.

The runner who collapsed last year did so within sight of a medical volunteer, Sharon Hall of Annapolis, who was the first to arrive on the scene, will be honored at this year's race.

As in previous years, medical personnel will be on the course at

Margaret's, twice crossing the Naval Academy Bridge across the Severn River.

carrying water with them," Bowman says. "Maybe this will convince people to drink water while they run."

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Some anglers like it hot

OUTDOORS



By BILL BURTON

NEW ORLEANS — The weather down here is pretty much like it is back in upper Chesapeake Bay Country. So is the catching of fish — though the species is different.

Hereabouts in this most unusual summer, mid-day, the mercury courts the 100-degree mark, water temperatures are close to the 90s, and there are no guarantees the fishing will be hot. Or, even luke warm. It all depends whether anglers can locate fish on the prowl for more comfortable habitat. Sound familiar to those of you fishing the upper bay?

Back in the upper Chesapeake as the heat wave continues, that big bite of rockfish in the Sandy Point sector has pretty much deteriorated, and the schools at Swan Point, Belvedere Shoals, Love Point and Hacketts don't contain many of keeper size.

Chumming has lost much of its effectiveness this season, which some observers attribute to an unexpected and unusually good menhaden hatch. That, of course, means stripers can feast straight from the wild on their favorite fresh, living baitfish — no waiting for it to be ground or cut up for them by anglers who create chum lines. Which, of course, leaves chummers holding the bag, the chum bag.

But, hot weather trolling isn't particularly good back in home waters either though anglers drifting eels take occasional stripers of up to 32 inches from Shad Battery Shoal down to Sparty Lump — and occasionally at the Bay Bridge.

Many anglers of waters north of the Bay Bridge are doing what they normally do when it's as sizzling as Hades — go bottom fishing, and catches of white perch and jumbo spot are quite good at such places as Snake Reef, the lumps off the mouth of the Magothy, Hodges Bar and over to the mouth of the Chester.

Farther down the Chesapeake, trolling does well from Chesapeake Beach to Cove Point — chummers score at the LNG Plant, the Diamonds at the mouth of the Choptank, the new reef off Tilghman Island and the Wild Grounds off Kent Island. And even farther down, the Middle Grounds below the mouth of the Potomac remains the best bet in the Chesapeake, not only for rockfish, but just

Monday as a last-minute replacement for Terry Brads, won the silver at 58 kilos and Eric Akin took the bronze at 54 kilos as the United States' other gold by beating a Canadian at 85 kilos.

Eric Guerrero, who arrived early Monday as a last-minute replacement for Terry Brads, won the silver at 58 kilos and Eric Akin took the bronze at 54 kilos as the United States' other gold by beating a Canadian at 85 kilos.

That came after the Americans pulled off an even more significant victory, stunning the powerful, confident Cubans 10-5 in baseball.

"It's Cuba, the team to beat," U.S. pitcher Dan Wheeler said. "We knew they would be tough. That's why we played so hard, so well."

The wrestlers competed hard as well, none more so than Williams and Stephen Neal, who staged a dramatic comeback to upset Cuba's defending world champion at 130 kilograms.

Neal, only 4½ months removed from his NCAA championship at Cal State-Bakersfield, rallied from a 6-1 deficit to beat Alexis Rodriguez 8-7 on a takedown with 20 seconds left.

Williams' match at 76 kilos against Yosmany Romero was a bruising affair that forced trainers to wrap his bleeding head three times.

"I very much believe this has a lot to do with the game we had with Canada," said U.S. manager Buddy Bell, who was ejected for arguing a call in the ninth inning.

about anything — including something different, cobia those big black fish that had been pretty much absent for a couple of decades.

But it's all hot weather fishing — and we all know hot weather fishing can be fickle as Cassanova, especially for striped bass. And the longer the heat fries the earth and rainfall remains scarce, the more fickle it can be.

Down here in the equally hot and dry legendary Bayou Country of Louisiana, the search is also on for bass, but not those with stripes. Largemouth bass. The 29th annual \$350,000 BASS Masters Classic opened this morning at the crack of dawn — and the ongoing heat wave has set the stage for a most unique showdown.

For the first time in Classic history, there were no clear favorites as the 45 Ranger bassboats carrying the best bass fishermen of the year, if not the decade, blasted off from Bayou Segnette State Park. Like the remainder of the nation from the Midwest to the Atlantic, drought reigns and the sun boils the waters — and bass can do the most unusual things.

Yesterday bayou water temperature was 88.3 degrees — and that was at 8:30 a.m. when I checked it aboard Oklahoma Ken Cook's boat in his search for fish about 40 miles from the docks. Even the alligators were sweating.

For the pros, at least those who are talking, the fish weren't where they were when pre-practice ended a month ago — the last time any of the contenders were allowed to fish the Bayou Country other than for the final tune-up Tuesday. Usually, observers and the press expect the

same can be said for Angler of the Year Kevin Van Dam, and Rick Clunn, winner of four Classics —