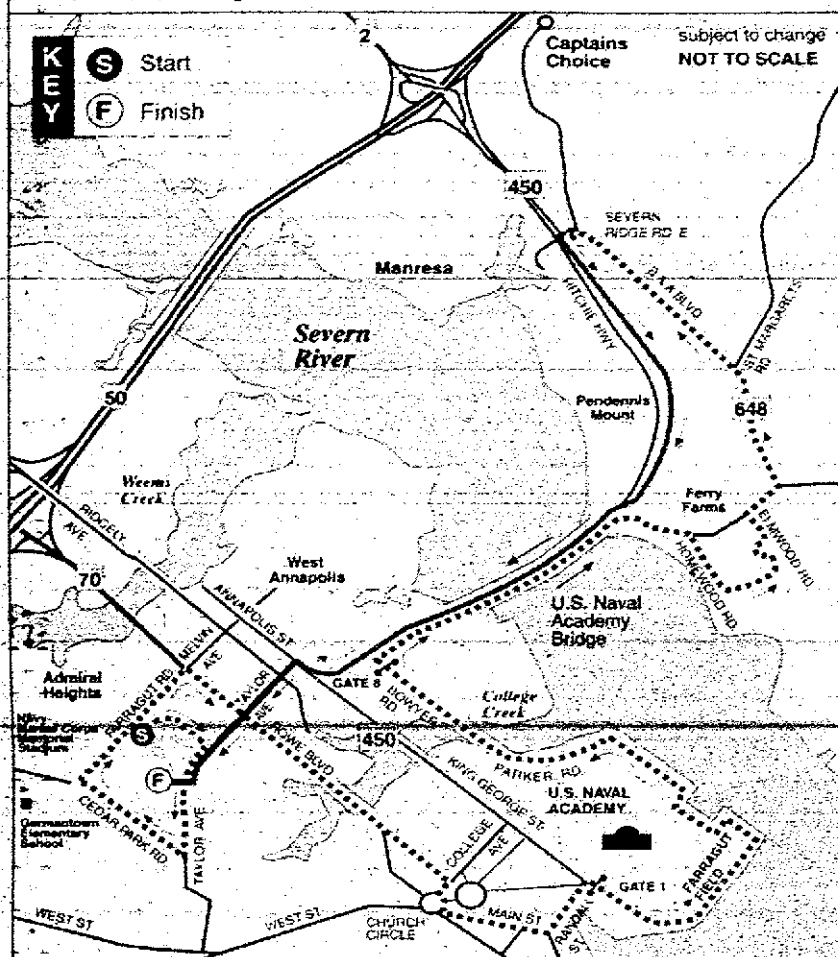


## SPORTS

## 23rd Annapolis Run course



# Ten Mile Run set for any conditions

At this point, only two things could put a damper on the Annapolis Ten Mile Run, scheduled for this Sunday — the remnants of Hurricane Bonnie, or an incredibly hot and humid day, like a few we've experienced so far this summer. Whatever the weather, the show will go on. And what a show it promises to be.

A record field of 4,000 runners from 20 states and a half-dozen countries will begin lining up at the Navy-Marine Corps Memorial Stadium at 6:30 a.m. Sunday morning in preparation for the 7:50 a.m. start of the race. The course this year has reverted back to its pre-Main Street construction days, and runners will wind through downtown Annapolis and the Naval Academy before heading across the Severn River bridge and through the community of Pender's Mount. The course eventually comes back down Route 450 and across the bridge to end on the grass at the stadium.

As they did last year, all runners will wear electronic chips attached to their shoes, which will record their times as they come across the finish line. (One note on the chips: last year, some runners dropped the chip in a pocket or tied it somewhere other than their shoes. Unfortunately, the sensor cannot always sense the chip from that distance, so runners are urged to attach the chip only to their shoes.)

As always, runners will receive lots of post-race refreshments, and all finishers will receive a leather sports bag, emblazoned with the Annapolis Ten Mile Race logo.

Runners can pick up their race packets and chips on Saturday at the Anne Arundel Medical Center Medical Park on Jennifer Road. Packet pickup also coincides with the pre-race Expo, which will feature sports vendors and an array of health and sports-related information and demonstrations. Expo hours are 10 a.m. to 5 p.m. Runners also can pick up their race numbers and chips on Sunday morning, beginning at 6 a.m.

More than 500 volunteers are expected to assist the race with everything from medical support to water stops. A Med-Evac helicopter will be parked at the stadium in case of emergency, and medical personnel will be located at each water stop. The Striders also are looking for a few last-minute volunteers with cell phones, who will be stationed between water stops to look for runners in distress. No medical experience is necessary for this duty, but volunteers must have cell phones.

Also this year, the race will be televised on WRNR and WBAL-TV, with Audrey Barnes on hand to provide coverage. "We've never had televised coverage before, so we're pretty excited about that," Race Director Ron Bowman says.

The race is closed and no new runners will be accepted. However, volunteers are always needed. Bowman says: "To volunteer, call the Striders hotline at (410) 268-1165, or simply show up at the medical tent at the stadium no later than 6:30 a.m. A volunteer coordinator will assign jobs to those who arrive at that time; each volunteer will receive a T-shirt."

Proceeds from the race go to benefit Anne Arundel Medical Center and the Admiral's Cup, a Naval Academy event which benefits underprivileged kids in the Annapolis area.

## FITNESS



By GABRIELLE deGROOT

## RACE RESULTS

**John Wall One Mile Track Run**  
Overall men: Dave Wall, 4:37; Remus Medley, 4:46; David Webster, 4:47.  
Overall women: Amanda Schmidt, 5:37; Colleen Bentz, 5:44; Carla Pastore, 5:51.  
Boys under 10: Garrett Gooding, 8:36; Andrew Davies, 7:31.3; Wrightson Dawson, 7:31.9.  
Girls under 10: Maggie Banks, 8:32; Meredith Engel, 10:32; Bonnie Gooding, 11:06.  
Boys 10-14: Brian Griffin, 5:59; Andrew Keever, 6:09; Walter Dearborn, 6:10.  
Girls 10-14: Colleen Stover, 7:29; Caitlyn Cullahan, 7:56; Kate Meany, 8:31.  
Boys 15-19: Mike Rolland, 4:49; Stephen Waller, 4:53; Robby Smith, 4:59.  
Girls 15-19: Kirsten Bok, 6:28.  
Men 20-29: Mark Zajack, 5:10; Peter Ormsby, 5:24; Chris Mairs, 5:31.  
Women 20-29: Cynthia Symanczyk, 5:52; Terry Haley, 7:11; Christie Clark, 9:26.  
Men 30-39: Steve Egolf, 4:46; Robert Bigelow, 4:51; Eric Schrader, 4:57.  
Women 30-39: Jennifer Sullivan, 5:55; Marjorie Boyd, 6:06; Lyn Jablonski, 6:37.  
Men 40-49: Curtis Davis, 4:55; Paul Serra, 5:00; Mike Van Buren, 5:13.  
Women 40-49: Sue Briers, 6:30; Rita Twist, 6:41; Marie Friedland, 6:49.  
Men 50-59: John Kirkpatrick, 5:09; Bob Weiner, 5:17; Dan Masterson, 5:40.  
Women 50-59: Meredith Bonta, 6:11; June Schneider, 7:01; Danae Green, 7:07.  
Men 60 & over: Arnold Henderson, 6:34; Lee Masser, 8:04; Brad Chapman, 8:21.  
Women 60 & over: Tami Graf, 7:20; Yvonne Aasen, 8:38.

**Women's Distance Festival 5K**  
Overall: Carla Pastore, 19:54; Rose Malloy, 20:08; Jennifer Sullivan, 20:17.  
Overall masters: Linda Shermo, 21:16.  
13 & under: Johanna Esposito, 21:54; Kristi Andresser, 30:27.  
14-19: Amanda Schmidt, 20:27; Amanda Rahorn, 21:54.  
20-24: Cynthia Symanczyk, 21:24; Laura Huffman, 22:07.  
25-29: Colleen Bentz, 21:37; Debbie Young, 23:04.  
30-34: Susan Raberg, 22:36; Lon Berry, 23:01.  
35-39: Martha Kachman, 21:18; Terri Gehrke, 21:30.  
40-44: Sue Briers, 21:48; Heather Rahorn, 21:56.  
45-49: Sandy Salazar, 23:08; Stella Selmer, 24:04.  
50-54: June Schneider, 24:10; Nancy Mann, 25:15.  
55-59: Barbara Riggie, 25:43; Joan Forman, 29:05.  
60-64: Tami Graf, 25:34; Jeanne Mallet, 25:57.  
65-69: Yvonne Aasen, 30:53; Betty Moore, 32:53.

**Run After the Women 5K**  
Overall: Mark Jones, 18:47; Scott Eden, 17:25.  
Overall masters: Maurice Poirer, 19:05.  
13 & under: Evan Beard, 23:05; Todd Brown, 25:41.  
14-19: Matt Ostyne, 18:01; Michael Rolland, 18:15.  
20-24: Scott Cantor, 18:06; Nate Gomia, 20:45.  
25-29: Nicholas Ann, 18:32; Thor Young, 19:26.  
30-34: Joseph Berry, 20:19; Tom Kennedy, 21:17.  
35-39: Matt Macé, 17:35; Tim Carney, 22:57.  
40-44: David White, 20:38; Frank Cullahan, 21:22.  
45-49: George Russell, 19:20; Rusty Bergen, 22:48.  
50-54: Dan Symanczyk, 22:39; Nate Belton, 23:42.  
55-59: Joe Ciofety, 20:46; Peter Salmon-Cox, 24:54.  
60-64: Annie Henderson, 22:32; Clair Morris, 28:25.  
65-69: Web Chamberlin, 24:49; Bart Young, 35:06.  
Please send race results and announcements to Gabrielle deGroot, c/o The Capital, P.O. Box 911, Annapolis, MD 21404. Or fax them to her at (301) 918-1836.

# Drop-offs hold key to catch

Contrary to what you might have heard, you don't have to troll to take the legal limit of two rockfish a day in mid and upper Chesapeake Bay. You don't even have to chum.

In the upper bay, bottom fishing soft crabs — peelers are effective but not quite as good — scores well. All you need do is find the drop-offs where stripers congregate.

Or if eels are your choice — and they're hard to beat for big fish — the upper Chesapeake has some very good eeling, especially for those who drift them. However, a few boats prefer trolling eels, and I know of a few nice catches on trolled eels at the Bay Bridge.

We'll get into fishing in a moment, but first.

**HUNTING COMING UP:** Maryland's dove season opens Tuesday, the outlook is fairly good. But if this heat wave doesn't end, it's going to be uncomfortable afield.

To encourage young hunters, DNR has designated two public dove fields for youths only during the first of the three-way split season which continues through Oct. 21, shooting hours noon to sunset. The second of the split is Nov. 16-21, and the finale, Dec. 21-Jan. 2. In the last two shoots, gunning hours are a half hour before sunrise to sunset.

The two fields for youths are the Izaak Walton Cooperative Wildlife Management Area, Charles County, and the Hancock Area of E.A. Vaughn WMA in Worcester County. Young hunters must be accompanied by a licensed, non-hunting and unarmed adult, hours are noon to 5 p.m. adult and open only on Saturdays.

For further info on the IWLA property, call 301-743-5161; for the Vaughn property, call 410-651-2320 or 410-543-8223. Because of crop failure, there will be no public dove fields open this year at popular McKee-Beshers WMA in Montgomery County, but the entire WMA will be open with no special regulations or permit system in effect.

Public dove hunting of interest to shooters in this area: Idylwild WMA, Caroline County, Tuesdays, Thursdays and Saturdays, call 410-376-3236; Chapel Point State Park, Charles County, Tuesdays, Thursdays and Saturdays, call 301-743-5161; Indian Creek NRMA, Charles County, opening day and Saturdays only, 301-743-5161.

Also, Millington WMA, Kent County, Tuesdays, Thursdays and Saturdays, permit required, 410-928-3650; Cheltenham WMA, Prince Georges County, Tuesdays and Saturdays, permit required, 301-743-5161; Milltown NRMA, Charles County, Tuesdays and Saturdays, 301-743-5161.

**PUBLIC HUNTS:** Add to the list of public hunts on special areas for deer, the following. (Check directly for information concerning pre-qualification, permits, etc.):

Aberdeen Proving Ground, Harford County, 410-478-4124; Blossom Point Proving Ground, Charles County, 301-394-1060; Patuxent River NAS, St. Marys County, written inquiries only, Patuxent Naval Air Station, Code 81352, Patuxent River, MD 20670-5409; Fort Detrick, Frederick County, written inquiries only, Commander, Fort Detrick, Attn. Betty Boylan, 1500 Porter Street, Frederick, MD, 21702-5000; Beltsville Ag Research Center, PG County, 301-504-6009.

Also, Smithsonian Environmental Center, Anne Arundel, 301-743-5151; Fair Hill NRMA, Cecil County, 410-398-1246; Elk neck State Park, Cecil County, 410-287-5333; Gunpowder Falls State Park, Baltimore & Harford Counties, 410-592-2897; Susquehanna State Park, Harford County, 410-557-7994; Fort Frederick State Park, Washington County, 301-842-2155; Patuxent National Wildlife Refuge, Anne Arundel, 301-317-3825; Seneca Creek State Park, Montgomery County, 301-924-2127.

**SHOOTER QUALIFICATION:** On some state, federal, county and private lands open to deer hunting

## OUTDOORS



By BILL BURTON

for special shoots, hunters must prove their proficiency with the appropriate weapons.

Following is information concerning qualification schedules most convenient to those of this area:

Beltsville Ag Research Center, Prince Georges County, Saturday starting at 8 a.m., call Jim Bennett, 301-504-6009.

Patuxent National Wildlife Refuge, Anne Arundel County, 8:30 a.m. to 2:30 p.m., Sunday, also Sept. 20, Oct. 3, Nov. 1, Nov. 22, Dec. 13. Call 301-317-3819, or for recorded info, call 301-317-3825.

Alexander's Sporting Farms, Kent County, 10 a.m. to 2 p.m., Oct. 17, call Barbara Joyce, 410-928-3105.

**FISHING:** My party of five took a limit of rockfish the other day on soft crabs in about an hour on the Eastern Shore side just above the Bay Bridge. The fish ranged to 25 inches. Trollers above the bridge talked of a few larger fish, but not nearly as fast fishing.

We have dandy angling, but the lower bay has the best with great variety and Spanish mackerel. Ken Lamb at the Tackle Box in Lexington Park reports Richard McKeever was fishing 12-pound test line Saturday, but whipped a 50-pound red drum (channel bass) near Buoy 70.

Bluefish are about everywhere to as far north as Turkey Point, most go 1 to 3 pounds. The spot of the upper bay average the biggest in my memory — and I have fished hereabouts for 41 years.

It remains to be seen whether the after effects of Hurricane Bonnie will disrupt fishing in the bay and the ocean picture is uncertain. The following numbers refer to like numbers on the accompanying map.

1. Fair rockfishing, small crankbaits great for bass in the evening. Catfish fairly plentiful.

2. Drifted eels make good catches of stripers near Pooles Island and upper bay lumps. Otherwise it's trolling and chumming. Good perch and some dandy spot at Gayles and Teakettle Shoals. Blues are hereabouts.

3. Rockfish scattered at drop-offs via chumming, trolling or eels. Dandy perch and spot fishing on lumps, plenty of blues for trollers.

4. Rockfish and blues at the mouth of the Chester, where eel fishermen do good. Rock also on this side of the bay. Spot and perch is good. Fort Smallwood has perch, catfish, some spot, blues, and occasionally a keeper rock. Snake Reef has rock, blues, perch and spot, occasionally a sea trout or flounder at the mouth of the Magothy area.

5. The Bay Bridge has blues, spot, perch, an occasional sea trout, some rock though most are small. Jiggers can take rock and blues, but most rock taken by jigging are throwbacks. Love Point remains a good bet for a mixed bag.

6. Hacketts has spot, perch, blues and rock, sometimes a nice sea trout on cut spot or crab baits, possibly a flounder. The Eastern Shore side down almost to Bloody Point has flounder in addition to perch, rock and blues.

7. Thomas Point remains one of the better spots for sea trout, rock, blues, perch and spot.

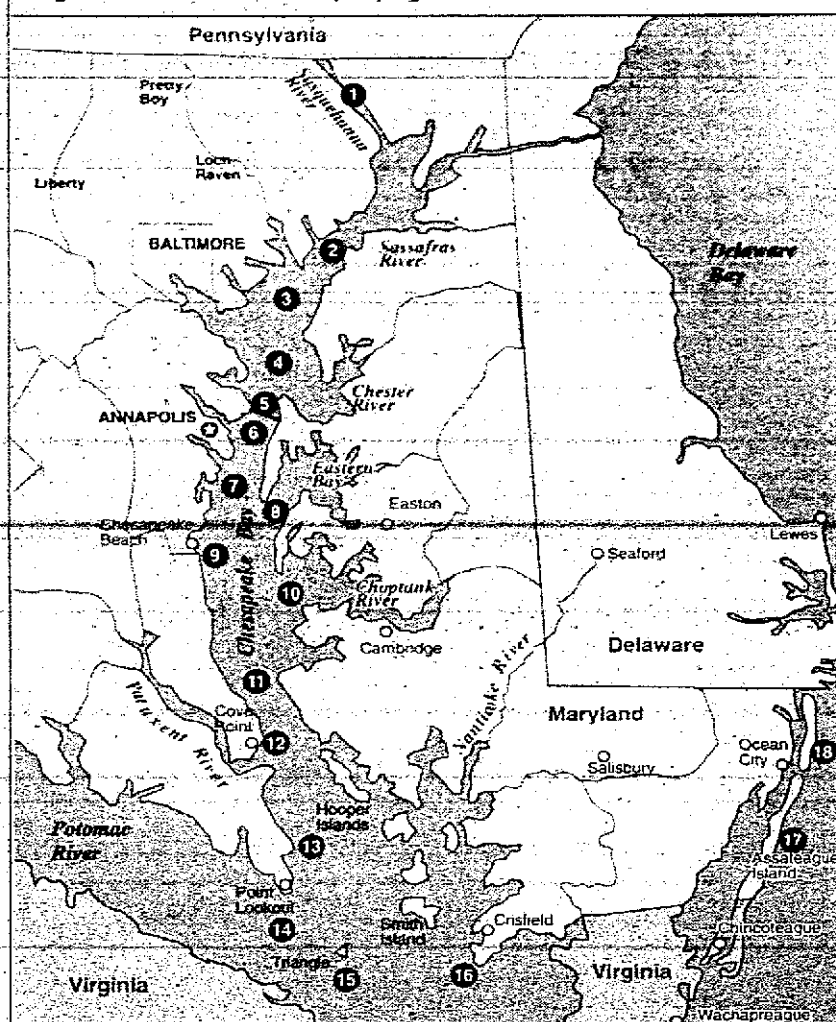
8. Eastern Bay still has flounder, spot, and blues and rock are off its mouth. Flounder also at Poplar Island. The Hill has rockfish and blues, mostly chumming.

9. There are blues and rock, and some sea trout mixed in from the

## Bay fishing guide

For the weekend of Aug. 29-30

Numbers indicated below correspond to regions described in accompanying column.



Silver Ball to Cove Point. Some hardheads are available though slacking off. Plenty of spot.

10. The Summer Gooses is a good rockfish bet. Bottom fishing for spot, flounder and trout is popular in the Choptank; hardheads aren't as plentiful — nor as big.

11. The LNG has great chumming for rock, blues and an occasional sea trout and flounder here also.

12. Great fishing. Flounder, sea trout, of course spot, and some hardheads throughout the mouth of the Patuxent sector. Early and late in the day casters find rockfish breaking — some big enough to keep. More flounder showing at the mouth of the Patuxent. Off here and on down the bay it's rock and blues, chumming or trolling. Cedar Point has spot, flounder and sea trout. Mighty good fishing.

13. The Hooper/Honga complex has flounder and sea trout, still some hardheads. Some of the very best rockfishing in the Chesapeake at Point No Point. Blues here, too, and some trollers near the point take nice sea trout. More into the bay there are blues, rock and more Spanish mackerel.

14. The lower Potomac has blues, smaller rock, spot, flounder, some sea trout, and maybe a few legal hardheads. Cornfield Harbor area has fairly good flounder fishing.

15. The Middlegrounds has a great mix of all species, one of the best bets in the bay. Evening hardhead fishing is great.

16. The Crisfield area reports sea trout, flounder, some hardheads — rockfish, Spanish mackerel and blues out more in the bay.

17. Surf fishermen were taking small blues, a few smaller rock, sometimes kingfish, but the surf is bound to be dirty.

18. Offshore from Ocean City, who knows? Inshore, flounder fishing was improving slightly, some tautogs and sheephead at the North Jetty, but that might not resume by weekend. Blues inside the inlet. Better call ahead before making any plans.

**BASS TOURNAMENT:** The KMart Top 150 Tournament Trail kicked off its \$6 million, six-event tour with a stop on the Potomac yesterday. Barring problems from Hurricane Bonnie, the event will continue through Saturday with 3 p.m. weigh-ins each day at Smallwood State Park.

The tournament welcomed some exceptionally placid weather yesterday, with Bernie Schultz of

Gainesville, Fla., emerging as the first-day pro division leader a five fish limit of 15 pounds, 14 ounces.

Tommy Martin of Hemphill, Texas, and Jay Yelas of Tyler, Texas, were deadlocked in second with catches of 15 pounds, 5 ounces.

Jeff Mandes of Townsend, Del., led the amateur division with 16 pounds, 11 ounces. Pasadena's Lloyd Elswick was in 18th place with 7 pounds, 14 ounces.

## CALENDAR

Sept. 1: Opening of Maryland dove season, first phase, shooting hours only from noon to sunset; closes Oct. 21. Reopens Nov. 16-Nov. 21 and Dec. 21-Jan. 2 for all-day hunting.

Sept. 5-7: Ocean City Marlin Club White Marlin Tournament. Call 410-213-1613.

Sept. 8: Tom Hughes will speak on Fishing for Stripers, Structure and Techniques, at a 7:30 p.m. meeting of CCA-Annapolis at Annapolis Elks Club, 2517 Solomons Island Road. Public invited. Call 301-464-4471.

Sept. 11-13: Toyota Offshore Fls Game out of Ocean City Fishing Center, top catch can win \$55,000. Call 800-625-3331.

Sept. 12: Opening of nine-day special teal season in Maryland.

Sept. 12: CCA-Annapolis will conduct a family fishing tournament at Kent Island Yacht Club, live bait, artificial and fly fishing categories. \$25 family entry fee includes certificates for all youngsters participating.

Sept. 12-13: 11th annual Duck Fair at Havre de Grace Decoy Museum. Call 410-939-3739.

Sept. 12: Sixth annual MSSA Fall Chesapeake Bay Tournament, call 410-768-8666. Fax, 410-768-5988.

Sept. 12: All-day seminar, Catching Rockfish, covering chumming, plug casting, trolling, jigging and drift fishing. Lunch provided. Bill Burton, instructor. Anne Arundel Community College, Arnold. Call 410-541-2325.

Sept. 13: All-day seminar on Fly Fishing in the Chesapeake with Joe Evans as instructor. Lunch included. Call 410-541-2325.

Sept. 18-27: Seventh annual Fall Flounder Tournament, Wachapreague, Va. Call 757-787-2105.

Oct. 16: 1998 Friends of NRA, first in planned series of affairs, 6 p.m., Annapolis Elks Club. Call 410-263-6705.

Oct. 16-18: U.S. Powerboat Show, City Dock, Annapolis. Call 410-268-8828.

# 200 yachts expected for Annapolis Race Week

By JEFF NELSON

STAFF WRITER

The sailing instructions are out now for CBYRA's Annapolis Race Week, and they show a good regatta in the works.

Already, 100 boats have signed up for the Sept. 5-7 regatta and another 100 are expected in the next week or so, reports CBYRA manager Amy Chalmers.

As was done last year, the partying will be in the Carroll's Creek parking lot in Eastport and race headquarters is in the Eastport Elementary School. All of the racing will be done south of the Bay Bridge.

On tap for the entertainment are three bands well-known to the local racing crowd. Round Midnight will play Saturday night, Mama Jama is scheduled for Sunday night, and the Dirty City Band rounds things out Sunday.

Deadline for registering for the regatta is tomorrow. But never fear, if you're willing to kick in the extra \$25 late fee, registrations will be taken right up to 5 p.m. Sept. 4.

Registration costs \$80 for U.S. Sailing and CBYRA members and \$100 for everyone else. Each boat gets three of the coveted Mount Gay Rum red hats as well as other goodies.

New this year will be seminars conducted by local sailmakers.

"They'll be recapping the day, talking about what the wind did and what everyone should have done but didn't," Chalmers said.

The seminars will be held at the party site each day at 4:15 p.m.

Racing is divided into 18 fleets this year, that's three more than last time. Organizers have added one-design starts for the Mumm 30s and the Rainbows and brought back the PHRF non-spinnaker division. MORC interest is so high that there will be an A and B fleet for that class.

Both the Catalina 27s and the Cal

25s will take the opportunity to use Race Week as their Nationals.

Just about everyone is involved in making Race Week happen. Clubs serving as hosts for on-the-water activities include Eastport Yacht Club, Annapolis Yacht Club, Storm Trysail Club, Magothy River Sailing Association, Shearwater Sailing Club, Naval Academy Sailing Squadron, West River Sailing Club, and Sailing Club of the Chesapeake.

The sailing instructions are available now at CBYRA headquarters, 612 Third Street, right across from Bruce Farr's office. Registrations should go their as well.