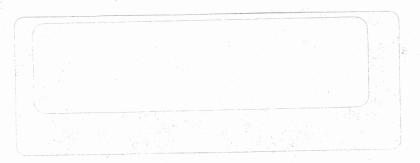


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## JOIN US . . . BECOME A STRIDER!

COURSE --

The Annapolis Striders, Inc. sponsors more than 50 running events each year throughout Anne Arundel County. In addition, we publish a bi-monthly newsletter, maintain an information bulletin board, conduct regular training runs, sponsor lectures and clinics, conduct an age group varied-

distance club race series, and offer discounts at athletic stores. For a membership application, call our 24-hour HOTLINE, (410) 268-1165, or visit the Athlete's Foot at Annapolis Mall. Support the sport. As the voice of running in our area, the more long-distance runners we represent, the louder we can speak on issues affecting your running health, safety and comfort!

