

PAID
PERMIT NO. 163
ANNAPOLIS,
MARYLAND

## JOIN US . . . BECOME A STRIDEF

The Annapolis Striders, Inc. sponsors more than 50 running events each year throughout Anne Arundel Courty. In addition, we publish a bi-monuply newsletter, maintain an information bulletin board, conduct regular training runs, sponsor lectures and clinics, conduct an age group varied-

distance club race series, and offer discounts at athletic stores. For a membership application, call our 24-hour HOTLINE, (301)268-1165, or visit the Athlete's Foot at Annapolis Mall, or Fleet Feet on Main Street. Support the sport. As the voice of running in our area, the more long-distance runners we represent, the louder we can speak on issues affecting your running health, safety and comfort!

