

## **BECOME A STRIDER**

Join us. The Annapolis Striders sponsor more than 50 running events each year throughout Anne Arundel County. In addition, we publish a bi-monthly newsletter, maintain an information bulletin board, conduct regular training runs, sponsor lectures and clinics, conduct an age group varied-distance club race series, and offer discounts at athletic stores. For a membership application, call our 24-hour HOTLINE, 268-1165, or visit the Athlete's Foot at Annapolis Mall. Support the sport. As the voice of running in our area, the more long distance runners we represent, the louder we can speak on issues affecting your running health, safety and comfort!

